



WWW.WALKESCV.ORG

NOVEMBER/DECEMBER 2017

Walk Schedule:

* Registration begins 30 minutes prior to start. All dates and times as of publication are subject to change. Walkers are encouraged to check the ESCV website.

Year Round / Seasonal Group Walks

Start time:

Wed & Sat 10 am*; Sun 1:30 pm*

See Walk Book for complete schedule.

Oct 25 (Wed) – Scotia

Oct 28 (Sat) – Troy

Nov 1 (Wed) – Saratoga Spa Park

Nov 8 (Wed) – Albany/Colonie Cross.

Nov 15 (Wed) – Schenectady

Nov 29 (Wed) – Albany, Crossgates

One-Day Traditional Events

Sat - Starts at 9-11:30am. Finish by 2:30

Sun - Reg. 1:00pm; group walk at 1:30

Nov 5 (Sun) – Albany (Pizza Party)

Dec 2 (Sat) – Schenectady (Holiday Party)

Wednesday Walks

Scheduled May thru August.

Please refer to Walk Booklet for directions.
Hint: Use Google Maps for directions from your home to starting point.

Contact Us At:

Empire State Capital Volkssporters

PO Box 5464

Clifton Park, NY 12065-5464

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www.walkescv.org/



Rambling Thoughts... by Teresa Kennedy

It's been a great year for ESCV. Our membership is up, our walk numbers are up AND we won the bid to host the 2019 AVA National Convention. We can look forward to another good year in 2018 because we will again offer a varied and interesting program of events thanks to the many members who are volunteering as POC's. Without a POC there can be no walk so thank you to all who take on this responsibility. Let's toast ourselves at the holiday party for a job **well done. As always, happy walking everyone!**

2018 Traditional Walks Announced

April 21	Schenectady, NY
May 19	Stockbridge, MA
June 9	Menands and Annual Club Picnic
Sept. 22	Altamont, NY
Oct. 13	Schodack State Park (Oktoberfest)
Nov. 4	Albany, NY and Club Recognition Pizza Party
Dec. 1	Schenectady and Holiday Party



2019 Convention Update... 19 Months counting down

Recently, we have been working on our Workshop and Entertainment Options for the convention in June, 2019. Emailing National with questions and setting up contacts with various people that will be helping us through the next year and a half has been a learning experience.

Happy to announce our most recent additions to our Convention Chairs are the following walkers. We have a National Sponsorship Chair-Nicole Shumate, a good friend of Rachel and Thad Trier from their walking days in Iowa. Cathy Edwards has kindly stepped forward to Chair the Silent Auction. (continued on page 10)

Important Notices: Hotmail – Send all hotmails to Eileen by Sunday night for announcements related to the week. There will only be one hotmail per week to the membership.

★★★ Important Notices ★★★

HOLIDAY PARTY DECEMBER 2

The reservation form is on page 3.
Link to the Holiday Party/Walk Brochure below
<http://www.walkescv.org/17HolidayParty.pdf>

ESCV INCENTIVE REDEMPTION

Completed books may be turned in at the Holiday Party.
The order form for the vest is on page 4.

GROUP WALK ADDED NOV 15

We will walk the Schenectady YRE on Wednesday,
November 15. Hopefully it will not rain this time.

MONTHLY MEETING NOV 21

6:30 pm, Latham Fire Department Station 1,
226 Old Loudon Rd, Latham, NY 12111

NO DECEMBER MEETING

CONGRATULATIONS TO LIZ WALSH

Liz completed the 50 state program by walking
in Hawaii, the 50th state this past June.

NEW SPECIAL PROGRAM FOR 2018

The Appalachian Trail Program begins Jan. 1. There is
a walk in all the states though which the trail passes.
**The program will use the new online start box
which is administered by the California Volkssport
Association.** The nearest walk to us is The Cobbles and
Gore Pond in Cheshire, MA. WalkmMass has designed
the walk with 5, 10 and 13k options.

MEMBERSHIP RENEWAL HAS BEGUN

Bring your renewal form to the holiday party.
Our goal is 300 members. Get your friends to join.

Welcome...

NEW CONVENTION COMMITTEE CHAIRS

Cathy Edwards has volunteered to head up the silent
auction and Louise Remillard will be our
registration chairperson. **Thank you, thank you.**

Birthday Wishes

Happy November Birthday to . . .

Peter Aldino	Linda Dunn	Carol Kobuskie	Ralph Misener
Brenda Arley	Denice Frechette	Theresa Kovian	Lois Pflomm
John Cairns	Daniel Healy	Arden Lawand	Eleanor Shutter
Lois Colson	James Kalohn	Kathleen Mack	Alice Urbanski
Joseph DeConno	Carol Kennedy	Ellen McNett	Larry Walley
			Maureen White

Happy December Birthday to . . .

Beth Baumert	Karen Flewilling	David Golden	Janet Sinnott
Linda Clark	Susan Forster	Marie Klucina	Eileen Sowa
Dawn Coleman	Gayle Fountain	Joyce Lavery	Rachel Trier
Betty Cristiano	Marylou Geren	Norene Persch	Katherine Walsh
Sieglinde Dugan	Patricia Gettings	Kathryn Piffat	Arlene Welkley
Carol Farrar	Terry Gitnick	Craig Rounds	Christine Yost

Sunshine and Cards of Care

Please let our Sunshine Secretary
Kathy LeRoux know if you hear of
anyone in our club who is recovering
from illness or surgery, Kathy will also
send congratulations to club members
for individual achievements they may
be celebrating. Kathy can be reached
at home by phone 438-1947 or email
kleroux1@nycap.rr.com.

Membership - Larry Godshalk –
email: lgodshal@nycap.rr.com

Name Tags - can be ordered at any
time by contacting Laura Sheldon at
sheldon.laura1@gmail.com. They are
available with either a magnet or pin
back for \$8.00. If you would like it
mailed to you, please add \$1.00 for a
magnet back tag and \$3.00 for a pin
back tag.

From the Editor - Articles for
the next newsletter are due on
Wednesday, December 27, 2017.
Please send us any news items that
you feel would be interesting to our
membership. Your reflections on a
past or upcoming volkswalk and/or
trip are always welcome. Ellen Brown
email: gorow1010-escv@yahoo.com

ESCV Holiday Party

Hope you have saved Saturday, December 2, 2017, for our annual Holiday Party at the Stockade Inn in Schenectady, NY. There will be a cash bar after the walk. A hot and cold buffet will be served at approximately noon. The buffet will include a salad course, pasta, main entrees, vegetables, dessert, and coffee or tea. All this for \$27 per member and \$31 for non-members!



Saturday, December 2, 2017

The Stockade Inn

1 North Church Street, Schenectady, NY
346-3400



Hot and Cold Buffet Luncheon – Cash Bar

Cost: \$27 per member or \$31 per non-member must be received by November 27th.

Note: The Stockade Inn has limited us to 125 attendees.

Please complete the reservation form and send it to Bernie Geren
along with your check made out to **ESCV**.

December 2nd Holiday Walk

There is **NO pre-registration for this walk.**

Holiday Party Reservation Form

Send Total \$ via check made out to ESCV by Monday, November 27th to:

Bernie Geren, 19 Julia Circle, Mechanicville, NY 12118

Link to Holiday Party/Walk Brochure— <http://www.walkescv.org/17HolidayParty.pdf>

✂-----DETACH AND RETURN-----

Member's Name & Phone Number	Member \$27
	\$
Non-Member's Name & Phone Number	Non-Member \$31
	\$
Deadline: Monday, November 27th	Total
	\$

ESCV 30th Anniversary Fleece Vest

3 sample vests (M - L - XL) will be available for try-ons at the Pizza Party/Walk on Nov. 5th and again at the Holiday Party on Dec.2nd. Others sizes are available to order. Redemption (ORDER) Forms will also be available at the pizza walk and are on our website (Full price = \$26.00)

If you have your Incentive finished by the Pizza Party, you may submit your book, order form & check to ESCV there.

You receive \$.50 credit for each stamp on your card. Up to 30 stamps total = \$15. This amount should be subtracted from the full price of the vest... \$26.00

Please write a CHECK to ESCV for the Difference and submit, form, incentive book and CHECK.

If you did not participate in the Incentive Book, you can still order a VEST for \$26.00

DEADLINE is DECEMBER 2 the day of the Holiday Luncheon. (It is the last Traditional Walk that is available to stamp your incentive)



**ESCV
30th Anniversary
Fleece Vest**

Get your Year Round and Seasonal stamps before Dec. 2nd. REMEMBER that all seasonals will close on Nov. 30th except Lake Placid and Caroga Lake, which closed on October 31st.

THANK YOU for your participation and promptness in turning them in.

Questions: contact Eileen Skinner EFSkinner@aol.com

ESCV 30th ANNIVERSARY VEST INCENTIVE REDEMPTION FORM

Please submit this order form, your INCENTIVE BOOK for validation and your Check made out to ESCV for the balance due.

**** PLEASE NOTE

ADD \$2.00 FOR SIZE 2XL

ADD \$3.00 FOR SIZE 3XL

Example: (\$26 - (30walks) \$15 = \$11.00 Check) (\$26 - (10 Walks) \$5 = \$21check)

NAME (Print)	# Walks Stamp (0-30)	VEST SIZE (S-M- L-XL- XXL)	FULL PRICE	-	Incentive Earned .50 each Walk Stamped Up to \$15	=	TOTAL DUE Check to <u>ESCV</u>	Email Address or Phone #
			\$26	-	\$	=	\$	
			\$26	-	\$	=	\$	

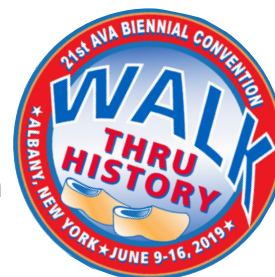
Send to: Eileen Skinner, 4 Mountain Laurel, Clifton Park, NY 12065

ESCV Club Contacts



Office / Committee	Name	e-mail
President.....	Teresa Kennedy.....	Forty6er3K@aol.com
Vice President	Rachel Trier	racheltrier@yahoo.com
Secretary	Chris Yost.....	cyost@nycap.rr.com
Treasurer	Warren Lavery.....	warrenlavery@gmail.com
Historian	Dan Schryver.....	Dschryver@aol.com
Membership & Email Updates.....	Larry Godshalk.....	Lgodshal@nycap.rr.com
Name Tag Orders.....	Laura Sheldon	Cost is \$8 & must be prepaid with a check; add \$1 for mailing; Laura can be reached at 886-1841 or E-mail at sheldon.laura1@gmail.com
Newsletter Editor	Ellen Brown	gorow1010-escv@yahoo.com
Publicity	Kathy Mack.....	kmack1952@gmail.com
Purchasing	Winnie Balz.....	winnieeb@yahoo.com
Sunshine Secretary.....	Kathy LeRoux	Kathy can be reached at 438-1947 or by E-mail kleroux1@nycap.rr.com .
Trail Master.....	Linda Morzillo.....	lindaf.morzillo@nycap.rr.com
Traditional Events Coordinator.....	Rachel Trier	racheltrier@yahoo.com
Wednesday Walk Coordinator	Sue Burke	svburke@nycap.rr.com
YRE/Seasonal Walks Chairperson	Liz Walsh.....	lizwalsh48@gmail.com
Webmaster.....	Eileen Skinner	EFSkinner@aol.com

2019 CONVENTION — *Walk Thru History*



Co-Chairs	Lea Darling	leadarling@verizon.net
	Teresa Kennedy.....	Forty6er3K@aol.com
Finance.....	Warren Lavery.....	warrenlavery@gmail.com
Fund Raising		
Grant Writer		
Merchandise Chair	Bev Feltt.....	AuntBev9@aol.com
Publicity	Linda Morzillo.....	lindaf.morzillo@nycap.rr.com
Programs.....	Barbara Kolapakka	bkola67@gmail.com
	Trudi Thun	trudi248@gmail.com
Registrar	Louise Remillard	lremillard@nycap.rr.com
Silent Auction Room.....	Cathy Edwards.....	fwedwards@aol.com
Sponsorship Solicitor.....		
Transportation.....		
Volunteer Coordinator.....	Chris Yost.....	cyost@nycap.rr.com
Walks	Doug Reynolds.....	dougreynolds@juno.com
	Rachel Trier	racheltrier@yahoo.com
Walks Equipment	Kathy Mack.....	kmack1952@gmail.com
	Wayne Knapp	wayneknapp@gmail.com
Web Master	Eileen Skinner	EFSkinner@aol.com



EMPIRE STATE CAPITAL VOLKSSPORTERS

MEMBERSHIP FORM

Memberships run from January 1 to December 31 each year

Membership Type:	
<input type="checkbox"/> Single (\$12)	<input type="checkbox"/> Family (\$20) Family memberships will be recorded as individual memberships in the Directory so you can each have your own email address and phone number if desired. Please fill out both sections below.

PLEASE PRINT CLEARLY

Name: _____	<input type="checkbox"/> New Member / <input type="checkbox"/> Renewal
Address: _____	City: _____ State: _____ Zip: _____
Phone: (h) _____ (c) _____	Email: _____
What Month is Your Birthday (Optional): _____ Do you receive The American Wanderer ? Yes / No	
NEW members choose which type of ESCV Car Window Decal you'd like : <input type="checkbox"/> Inside / <input type="checkbox"/> Outside	

Name: _____	<input type="checkbox"/> New Member / <input type="checkbox"/> Renewal
Address: _____	City: _____ State: _____ Zip: _____
Phone: (h) _____ (c) _____	Email: _____
What Month is Your Birthday (Optional): _____ Do you receive The American Wanderer ? Yes / No	
NEW members choose which type of ESCV Car Window Decal you'd like : <input type="checkbox"/> Inside / <input type="checkbox"/> Outside	

Larry Godshalk, Membership Chairman – Questions? 518-399-6041; LGodshal@nycap.rr.com



PLEASE READ:

New Members:

- New memberships after September 1st are one half the annual fee through the end of the year.
- "New Walker Program" packets are an **additional** \$10. (New Walker Program packets include EVENT and DISTANCE booklets, walk coupons, etc.)
- If a new member, how did you hear about us?
- **NEW members** will receive a ESCV Car Window Decal. Choose if **you'd like** one for Inside (for un-tinted windows) **or** Outside (for tinted windows).

E-Mail: To enhance communications, save volunteer time, and reduce costs, most correspondence is done by email. Please include your email address.

Renewal: Renewal starts November 1st. Renewals received after **January 31st** will not be entered into the Membership Directory and expired memberships after that date will not receive the newsletter, walk booklets, etc., and will be dropped from the "Hotmail" (email) list.

Snowbirds:

If you have a winter mailing address, please identify on the back of this form and the approximate dates this mailing address is effective **to ensure you receive mailed club booklets**. ☐ Winter address on back

Order Name Tag:

Custom-made club name tags are available for purchase. Go to the ESCV club website at www.walkescv.org and select the ORDER NAME TAG tab for more information or click <http://www.walkescv.org/nametag.html>

Volunteer: Circle areas you would like to help out:

Registration at walks, Developing new walks,
Programs, Spring Picnic, Oktoberfest,
Pizza Party, Christmas Party,
Where Needed (there are many other jobs).

Payment:

Make check payable to **ESCV**:

Single Membership \$12

\$ _____

Family Membership \$20

\$ _____

(New members joining Sept. 1st to Dec. 31st are one half the annual fee through the end of the year.)

"New Walker Program" packet \$10 (optional)

\$ _____

Total Enclosed: \$

Mail this form and check to:

ESCV Membership

PO Box 5464

Clifton Park, NY 12065-5464

Date Submitted:



Glens Falls, Crandall Park, September 20, 2017



10K Walkers — Cooperstown, September 30, 2017



Williamstown, September 29, 2017



Oktoberfest, Moreau State Park, October 7, 2017. Emmy — The Queen of Cakes



Oktoberfest 2017



Oktoberfest 2017



2019 Convention Update...

(continued from page 1)

Louise Remillard jumped up to chair of the Registration Committee. Sincere thanks for stepping forward to give of your valuable time and energies.

We are hoping that someone who has been on the gate and waiting to jump down and join our convention team still has a chance. A local Sponsorship Chair to coordinate in our area, Transportation Chair to coordinate the bussing to all of our walks, and a Walk/Bike-A-Thon Chair for our community involvement/awareness of AVA to raise funds for a Not For Profit charity organization.



American Volkssporters Association
www.ava.org



Northeast Region
Chris Mellen – Northeast Regional Director
www.avaclubs.org/NE_RD/



International Federation of Popular Sports
<http://www.ivv-web.org/>



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Clifton Park, NY 12065-5464