



# EMPIRE STATE CAPITAL VOLKSSPORTERS

Website Address

[www.ava.org/clubs/escv](http://www.ava.org/clubs/escv)

**March 2011**

## **A Bit from Barb.....**

By the time you read this it will probably officially be spring although, at least up here in Saratoga, when I'm writing this, it sure doesn't look like it! Still a foot or more on the ground. And the flock of red-winged blackbirds that arrived last week must have been shocked to find that there was no open ground where they could forage for food. But they found my feeders so they're ok.

April is when all but one of the rest of our seasonals open for the year. Plenty of walking opportunities, especially with the group walks scheduled for all of them.

One thing I've noticed on some of the group walks, though, is a tendency for the early arriving folks to take off as soon as they've signed in rather than waiting for the whole group and leaving at the designated start time. Unfortunately, this has sometimes meant that later arriving (but still on time) folks have fewer people to walk with. This is especially problematic for new members who may not be familiar with how these group walks operate. And I've been told by some walkers that they've arrived before the start time but found no one was there although clearly people had signed in before them. I also know from personal experience that the people who take on the responsibility for collecting the money and returning the box to wherever it's stored have also been left behind.

Yes, I know you're anxious to get out walking, but waiting another fifteen minutes really won't affect the rest of your day all that much and you may miss out on talking to some new people who turn out to be interesting walking companions. After all friendship is one of our three reasons for walking.

An interesting fact about our YRE/seasonals from our historian Dan Schryver: Did you know that Saratoga was the very first YRE for ESCV? It's now in its 21<sup>st</sup> year. The Albany capital walk and Schenectady came along a year later along with a walk in Bristol, RI (yes we use to have walks in Bristol and Sandwich, MA).

Since our last newsletter, there has been some turmoil in the national organization. At the February meeting of the AVA National Executive Council, a vote was taken on a motion to approve the hiring of the new executive director who had actually come on board in September. The motion was defeated and therefore her hiring was disapproved. As a consequence, President Curt Myron and Vice-president Wayne Holloway resigned their positions. There are now interim appointees in those positions. A statement from interim president Dennis Michele is included in this newsletter.

How these developments will affect AVA's development of a new strategic vision remains to be seen. However, day to day operations go on as usual with Candy Purcell, the finance officer, serving as acting executive director. And of course our club, one of the strongest in the country, goes on as well.

**See you on the trail! Barb**

**March 2011**

## **CLUB MEETING**

Monthly meetings start at 7pm, at the Crescent Firehouse, off Vischer Ferry Road (East from Exit 8 of the Northway). The next meeting will be April 12th.

## **MEMBERSHIP DIRECTORY – Tad Darling**

Thank you to everyone who turned in their membership forms by the deadline of February 28<sup>th</sup>. Your new membership directory will be mailed to you before the end of March. If you renew your membership after that date, your contact information will be posted in a future newsletter. Until you renew, all other mailings will be discontinued.

You will be receiving Membership Directory corrections and/or additions directly via email or snail mail if you don't have a computer.

## **PLEASE WELCOME THE FOLLOWING NEW MEMBERS:**

Victoria Golden - Scotia

Barbara Luther - Albany

See you on the trail!

## **TWENTY-FIFTH ANNIVERSARY COMMITTEE**

In 2012 ESCV will be twenty-five years old. To help celebrate this birthday, a Twenty-fifth Anniversary Committee has been appointed to help plan our commemoration.

Lea Darling and Vera Weiss have agreed to co-chair the effort. Other members include Kathy Brown, Lucy Desjardins, Larry Godshalk, Teresa Kennedy, Barbara Kolapakka, Alan Longshore, Pat Rush, Dan Schryver and Eileen Skinner. Some members are ex officio and others have been selected to represent various lengths of time as club members i.e. some relative newcomers and some longer-term members.

While the committee will be responsible for planning and coordinating our celebration, they will not (hopefully) be the only ones working on it. They'll be calling on other members for help. And, if you have any specific ideas on how you think we should celebrate, send them to Lea and Vera.

For starters, we will be running "retro" walks for our traditional events next year. Teresa Kennedy has combed our records to come up with a pretty exhaustive list of walks from the past and now she'd like to know what walks you'd like to see featured next year. See her article below.

## March 2011

### ESCV to CELEBRATE 25<sup>th</sup> ANNIVERSARY IN 2012

ESCV will turn twenty-five next year and plans to celebrate the event are beginning to form. If you follow current trends, you know that vintage is in. Retro is the name of the game. There are even vintage clothing stores on New York's Fifth Ave. With this in mind, we thought it would be fun to "re-live" our club's past by creating a retro year of our walks. As you look at the lists below you will be amazed at how many places ESCV has walked and partied over the past twenty-five years. It is certainly a testament to our willingness to explore and to enjoy local areas of historic significance and natural beauty.

We want to create our year of celebratory retro walks with input from the membership. Do you have a favorite walk or picnic site? Below is a list in four categories. Which is your favorite picnic, March for Parks, Oktoberfest or traditional event?

[Print pages\(Click Here\)](#) and mail votes to Teresa Kennedy, 1569 Dean St., Schenectady, NY 12309 or send your choices via email to [forty6er3k@aol.com](mailto:forty6er3k@aol.com). Votes are due by April 13, 2010. Comments and suggestions are also very welcome.

Have fun "walking" down memory lane.

#### ANNUAL CLUB PICNIC (place an X on ONE site)

- |   |   |
|---|---|
| <input type="checkbox"/> Grafton State Park | <input type="checkbox"/> Hadley                                   |
| <input type="checkbox"/> Colonie Town Park  | <input type="checkbox"/> Lake George                              |
| <input type="checkbox"/> Northville         | <input type="checkbox"/> Delmar Five Rivers                       |
| <input type="checkbox"/> Malta              | <input type="checkbox"/> Cohoes                                   |
| <input type="checkbox"/> Schoharie Crossing | <input type="checkbox"/> Thacher Park (site of first club picnic) |
| <input type="checkbox"/> Clermont           | <input type="checkbox"/> Caroga Lake                              |
| <input type="checkbox"/> Annandale          | <input type="checkbox"/> Dyken Pond                               |

#### MARCH FOR PARKS (place an X on ONE site)

- |   |   |
|---|---|
| <input type="checkbox"/> Olana                | <input type="checkbox"/> South Glens Falls (Feeder Canal) |
| <input type="checkbox"/> Moreau State Park    | <input type="checkbox"/> Fort Edward                      |
| <input type="checkbox"/> Schuylerville        | <input type="checkbox"/> Schodack Landing                 |
| <input type="checkbox"/> Saratoga Battlefield | <input type="checkbox"/> Mills Norrie State Park          |

#### OKTOBERFEST (place an X on ONE site)

- |                                  |   |
|----------------------------------|---|
| <input type="checkbox"/> Hadley  | <input type="checkbox"/> Moreau State Park        |
| <input type="checkbox"/> Menands | <input type="checkbox"/> Greenwich Retreat Center |

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### TRADITIONAL ONE DAY EVENTS (place an X in front of 5 favorites)

- |  |  |
|--|--|
| <input type="checkbox"/> Albany Anniversary Walk     | <input type="checkbox"/> Albany Hudson River Walk            |
| <input type="checkbox"/> Altamont                    | <input type="checkbox"/> Amsterdam                           |
| <input type="checkbox"/> Arlington, VT               | <input type="checkbox"/> Ballston Spa                        |
| <input type="checkbox"/> Bennington, VT              | <input type="checkbox"/> Bolton Landing                      |
| <input type="checkbox"/> Burnt Hills                 | <input type="checkbox"/> Cambridge, NY                       |
| <input type="checkbox"/> Caroga Lake                 | <input type="checkbox"/> Catskill                            |
| <input type="checkbox"/> Charlton                    | <input type="checkbox"/> Chatham                             |
| <input type="checkbox"/> Clifton Park                | <input type="checkbox"/> Cobleskill                          |
| <input type="checkbox"/> Cohoes City                 | <input type="checkbox"/> Cohoes/Van Schaick                  |
| <input type="checkbox"/> Cohoes/Waterford            | <input type="checkbox"/> Colonie                             |
| <input type="checkbox"/> Cooperstown                 | <input type="checkbox"/> Delmar Five Rivers                  |
| <input type="checkbox"/> Fish House Sacandaga        | <input type="checkbox"/> Fly Creek                           |
| <input type="checkbox"/> Glens Falls                 | <input type="checkbox"/> Gloversville                        |
| <input type="checkbox"/> Greenwich                   | <input type="checkbox"/> Greenwich Retreat Center (snowshoe) |
| <input type="checkbox"/> Hoosick Falls               | <input type="checkbox"/> Hubbardton Battlefield              |
| <input type="checkbox"/> Hudson                      | <input type="checkbox"/> Johnstown                           |
| <input type="checkbox"/> Kinderhook                  | <input type="checkbox"/> Lake George                         |
| <input type="checkbox"/> Lake Placid                 | <input type="checkbox"/> Lenox, MA                           |
| <input type="checkbox"/> Loudonville/Siena           | <input type="checkbox"/> Mechanicville                       |
| <input type="checkbox"/> Middle Falls                | <input type="checkbox"/> Millbrook, NY                       |
| <input type="checkbox"/> Niskayuna Blatnick Park     | <input type="checkbox"/> Niskayuna Historical Walk           |
| <input type="checkbox"/> N. Bennington, VT           | <input type="checkbox"/> Northville                          |
| <input type="checkbox"/> Peebles Island              | <input type="checkbox"/> Plattsburgh                         |
| <input type="checkbox"/> Queensbury                  | <input type="checkbox"/> Ravena                              |
| <input type="checkbox"/> Rensselaerville             | <input type="checkbox"/> RPI Tech Park                       |
| <input type="checkbox"/> Rome (Oriskany Battlefield) | <input type="checkbox"/> Round Lake                          |
| <input type="checkbox"/> Saratoga                    | <input type="checkbox"/> Saratoga Battlefield                |
| <input type="checkbox"/> Saratoga Lake               | <input type="checkbox"/> Saratoga State Park                 |
| <input type="checkbox"/> Schenectady                 | <input type="checkbox"/> Schodack Island                     |
| <input type="checkbox"/> Schoharie Crossing          | <input type="checkbox"/> Scotia                              |
| <input type="checkbox"/> Sharon Springs              | <input type="checkbox"/> Slingerlands                        |
| <input type="checkbox"/> Stockbridge, MA             | <input type="checkbox"/> Thatcher Park                       |
| <input type="checkbox"/> Troy                        | <input type="checkbox"/> Utica                               |
| <input type="checkbox"/> Vischer Ferry               | <input type="checkbox"/> Voorheesville                       |
| <input type="checkbox"/> Waterford                   | <input type="checkbox"/> Watervliet                          |
| <input type="checkbox"/> Warrensburg                 | <input type="checkbox"/> Whitehall                           |
| <input type="checkbox"/> Williamstown, MA            |  |

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## **CANDIDATE FOR NORTHEAST REGIONAL DIRECTOR**

In May we will be voting for the position of AVA Regional Director for the North East Region. The position has a two year term commencing after the AVA convention in June. There is a single candidate for this position, ESCV's own Doug Reynolds. Doug's biographical statement will be included in the upcoming Wanderer but some of you don't get that publication, so here it is:

### **DOUG REYNOLDS, Candidate, Northeast Regional Director**

In 1997, a casual invitation to my wife, Jackie, and me from Joan Muir, our neighbor, was to join her on a Volks March. The word "march" did not conjure up an exciting day in the making, having spent two years in the Infantry, stationed at Forts Dix, Drum, and Devens, and also having taken 10 years to complete climbing the Adirondack 46 high peaks (#1805). "Do a what?" was my question. She provided a short history lesson about AVA, the local ESCV club (Empire State Capital Volkssporters), and details of the upcoming local walk at Peebles Island. This island is a Revolutionary War site we had never visited, even having lived in the Albany area for over a quarter century. We decided it might be something we could survive, once. Even after completing the whole 10 K under an umbrella, getting to meet a whole new group of folks who would become close friends, and to learn some history of our own back yard, it did turn out to be a very special day for us.

Over the next 13 years of my retirement from the NYS Education Department, we averaged over 40 events per year, mostly in our northern club, ESCV, and our southern club, Suncoast Sandpipers. They included completing 50 States/51 Capitals in eight years, as well as taking advantage of other AVA Special Events by finishing booklets for Presidential Sites; Civil War; Revolutionary War (2); and College/University (PhD, and Roads Scholar). We have done seven of the 10 Canadian Provincial Capitals, with three to go, plus Ottawa.

I was honored to receive an AVA 2005-2007 Biennial Award for Meritorious Service from Southeast Region for replicating ESCV's Wednesday Walk Program in Florida, that is called "Volks South", using the YREs of Suncoast Sandpipers, Meandering Manatees, Mid Florida Milers, and Florida Volkssport Association. Although I was recognized, it is an eight-year, team effort by many from the several clubs with whom I am privileged to cooperate. (The weekly January – April Wednesday walk schedule is available at web pages of both Suncoast Sandpipers and ESCV. All are welcome to join us when in Florida for any part of the winter season.)

At each Start Point, as an AVA Life Member, I am impressed how people I have never met, and might never meet, have designed walks that allow us to enjoy new regions. Directions to the Start, registration sheets, walk narrative/map, stamp, and insert cards are available according to AVA standards, the "glue" that holds this national initiative together. Accordingly, as part of my "payback," I have spent my time creating new walks, or modifying existing ones. I would take on the role of Northeast Regional Director as an additional contribution to AVA to help our association sustain its past contributions, and to assist in its future growth in the true spirit of fun, fitness, and friendship to the greatest benefit of all AVA members and new participants.

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**MESSAGE FROM AVA INTERIM PRESIDENT DENNIS  
MICHELE**

The National Executive Council (NEC), in a closed session on Friday, February 18, 2011 exercised its right in accordance with the AVA Bylaws to approve the hiring of the AVA Executive Director. By a majority vote, the hiring was disapproved. As a result of the vote, the AVA President and AVA Vice President resigned. As this situation was not covered by the AVA Bylaws, the remaining members elected Dennis Michele, AVA Southeast Regional Director as Interim President until new elections are held at the upcoming AVA convention, June 2011. Marvin Stokes, AVA Treasurer, was elected Interim Vice President. Both men, as required by the AVA Bylaws, resigned from their previous respective positions on the NEC. Annette Tollett was elected as the Interim Treasurer to fill the vacant AVA Treasurers position. These actions were necessary to complete the NEC meeting and the business before it which had to be accomplished. From a personal stand point, it is regrettable that these matters had to be done, but it was necessary to keep the NEC and the AVA operating. I take no great pleasure in becoming the Interim President and will not seek election to this position at the upcoming elections at the AVA convention.

AVA Interim President Dennis Michele.

## March 2011

### CLUB CONTACTS

<b>CLUB OFFICERS</b>		
President	Barbara Kolapakka	<a href="mailto:Bkola67@gmail.com">Bkola67@gmail.com</a>
Vice President	Teresa Kennedy	<a href="mailto:Forty6er3K@aol.com">Forty6er3K@aol.com</a>
Secretary	Sue Grey	<a href="mailto:susanbg2@yahoo.com">susanbg2@yahoo.com</a>
Treasurer	Beth Snyder	<a href="mailto:Easnyder@nycap.rr.com">Easnyder@nycap.rr.com</a>
<b>NEWSLETTER EDITOR</b>	Phyllis Budka	<a href="mailto:abudka@nycap.rr.com">abudka@nycap.rr.com</a>
<b>MEMBERSHIP AND EMAIL UPDATES</b>	Tad Darling	<a href="mailto:harrydarling@verizon.net">harrydarling@verizon.net</a>
<b>SUNSHINE SECRETARY</b>	Kathy LeRoux	Kathy can be reached at 438-1947 or by E-mail <a href="mailto:kleroux1@nycap.rr.com">kleroux1@nycap.rr.com</a> .
<b>WEBMASTER</b>	Eileen Skinner	<a href="mailto:EFSkinner@aol.com">EFSkinner@aol.com</a>
<b>NAME TAG ORDERS</b>	Laura Sheldon	Cost is \$4 and must be prepaid with a check ; Laura can be reached at 384-0143 or by E-mail at <a href="mailto:sheldon.laura1@gmail.com">sheldon.laura1@gmail.com</a>
<b>WEDNESDAY WALK COORDINATOR</b>	Bernie Geren	<a href="mailto:tscbernie@hotmail.com">tscbernie@hotmail.com</a>
<b>WALK DEVELOPMENT COMM. CHAIR</b>	Teresa Kennedy	<a href="mailto:Forty6er3k@aol.com">Forty6er3k@aol.com</a>
<b>YEAR ROUND SEASONAL WALKS</b>	Barbara Kolapakka	<a href="mailto:Bkola67@gmail.com">Bkola67@gmail.com</a>
<b>HISTORIAN</b>	Dan Schryver	<a href="mailto:Dschryver@aol.com">Dschryver@aol.com</a>
<b>PROGRAMS</b>	Alan Longshore	<a href="mailto:lynnj@nycap.rr.com">lynnj@nycap.rr.com</a>
<b>PUBLICITY</b>	Pat Rush	<a href="mailto:PatRush1@verizon.net">PatRush1@verizon.net</a>
<b>PURCHASING</b>	Winnie Balz	<a href="mailto:winnieeb@yahoo.com">winnieeb@yahoo.com</a>

### ESCV CALENDAR OF EVENTS

#### GROUP SANCTIONED WALKS

Saturday walks start at 9:30; registration starts 1/2 hour before. Sunday walks start at 1:30; registration starts 1/2 hour before.

DAY	DATE	LOCATION	DAY	DATE	LOCATION
Sunday		Troy	Sunday	May 1	Lake George
Saturday		Schenectady	Saturday	May 7	Cooperstown
Sunday		Albany - Neighborhoods	Saturday	May 14	Saratoga Battlefield
Sunday	March 20	Scotia	Sunday	May 29	Saratoga State Park
Saturday	April 2	Williamstown	Saturday	June 4	Caroga Lake
Sunday	April 10	Albany - Colonie Crossings	Sunday	June 19	Bennington
Saturday	April 16	Johnstown			

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## TRADITIONAL ONE DAY EVENTS

**April 30 - Clermont - March for Parks - CHANGE**

May 21 - Rensselaerville

June 11 - Glens Falls - spring picnic

Sept. 10 - Waterford - Tugboat Festival

**Sept. 24 - Glimmerglass State Park – Oktoberfest - CHANGE**

October 15 – Chatham November 6 - Ballston Lake - Pasta Party

December 3 - Schenectady - Holiday Party

## WEDNESDAY WALKS

Date	Description	9AM & 6PM Start / Finish	POC
4-May	Clifton Park	St. Edwards Roman Catholic Church	Eileen Skinner / John Cairns
11-May	Saratoga West Side	Price Chopper Plaza on Rte. 50	Linda Morzillo
18-May	Woods Hollow	Milton Community Center	Vera Weiss / Marylou Geren
25-May	Round Lake	Dominick Pasquale Ball Field	Sue Grey
1-Jun	Broadalbin	Fulton County Information Center	Ann Smith
8-Jun	Schoharie Crossing	Yankee Hill Lock #28	Teresa Kennedy
15-Jun	Thacher Park Area	Hailes Cave Picnic Area	Winnie Balz
22-Jun	Niskayuna	Blatnik Park	Lucy Desjardins
29-Jun	Colonie Town Park	Colonie Town Park Pavilion #2	BernyDesrches / Bill Hughes
<b>6:45 AM, 9 AM, and 6 PM Walks</b>			
6-Jul	Schenectady/Vale	College Park Hall Parking Lot	Bernie Geren
13-Jul	Middle Falls	First Pioneer Farm Credit, Rte 29	LaVerne Stiles
20-Jul	Ballston Spa	County Parking Lot Rte. 67	Bernie Geren
27-Jul	Alb. Wash. Park	LaSalle Parking Lot	Doug & Jackie Reynolds
3-Aug	Saratoga East Side	Price Chopper Plaza on Rte. 50	Barbara Kolapakka
10-Aug	Voorheesville	St. Matthews Roman Catholic Church	Dan Schryver
17-Aug	Malta/ Luther Forest	Malta Parade Grounds	Vera Weiss / Marylou Geren
24-Aug	Troy, NY	Sacred Heart Roman Catholic Church	Mary Agars
<b>9AM only</b>			
31-Aug	Troy/Oakwood Cemetery	Ross Valve Parking Lot.	Jim Kuba / Winnie Balz



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## NORTHEAST REGIONAL CALENDAR - Patty Proulx,

Date	Day	AVA Club	Walk Location	Point of Contact	E - Mail	Telephone
	<b>March</b>					
26-Mar	Saturday	Walk 'n Mass	Holliston, MA	Beate Hait	<a href="mailto:beateh1@aol.com">beateh1@aol.com</a>	508-429-3564
	<b>April</b>					
30-Apr	Saturday	Connecticut Valley	Wallingford, CT	Peter & Eileen Anderson	<a href="mailto:eilande@comcast.net">eilande@comcast.net</a>	203-269-2097
	<b>May</b>					
7-May	Saturday	Princeton	Bronx, NY	Maureen Penta	<a href="mailto:maurpenta@gmail.com">maurpenta@gmail.com</a>	908-309-8398
7-May	Saturday	Twin State	Lebanon, NH	Pat Stark	<a href="mailto:carri@vtlink.net">carri@vtlink.net</a>	802-584-4999
14-May	Saturday	West Point	West Point, NY			
15-May	Sunday	West Point	Newburgh, NY			
22-May	Saturday	Walk 'n Mass	Cumberland - Bike event	Mary Suchodolski	<a href="mailto:JIBBA411@verizon.net">JIBBA411@verizon.net</a>	401-829-2204
22-May	Sunday	Walk 'n Mass	Cumberland, RI	Mary Suchodolski	<a href="mailto:JIBBA411@verizon.net">JIBBA411@verizon.net</a>	401-829-2204
	<b>June</b>					
4-Jun	Saturday	Walk 'n Mass	Lowell, MA	Pam & Mike Medolo	<a href="mailto:IVVWalkers@gmail.com">IVVWalkers@gmail.com</a>	781-640-5055
	<b>July</b>					
23-Jul	Saturday	West Point	Staatsburg, NY			
	<b>August</b>					
6-Aug	Saturday	Twin State	Northfield, VT	Cindy Gray	<a href="mailto:crwgray@comcast.net">crwgray@comcast.net</a>	802-584-4999
20-Aug	Saturday	Walk 'n Mass	Arlington, MA	Mary Frink	<a href="mailto:mkfrink@verizon.net">mkfrink@verizon.net</a>	617-387-1577
	<b>September</b>					
17-Sep	Saturday	West Point	Kingston, NY			
	<b>October</b>					
2-Oct	Sunday	West Point	(Ramble Walk)			
8,9 - Oct	Sat/Sun	Twin State	Addison, VT	Charlotte Phillips	<a href="mailto:cpwalkvt@shoreham.net">cpwalkvt@shoreham.net</a>	802-343-3033
8,9 - Oct	Sat/Sun	Twin State	Crown Point, NY	Charlotte Phillips	<a href="mailto:cpwalkvt@shoreham.net">cpwalkvt@shoreham.net</a>	802-343-3033
22-Oct	Saturday	Southern Maine	Portland, ME	Denise Macaronas	<a href="mailto:SMVA2005@yahoo.com">SMVA2005@yahoo.com</a>	207-774-3415
	<b>November</b>					
	<b>December</b>					
3-Dec	Saturday	Walk 'n Mass	Attleboro, MA	Margo Craven	<a href="mailto:magoo249@comcast.net">magoo249@comcast.net</a>	508-222-1152