



EMPIRE STATE CAPITAL VOLKSSPORTERS

Website Address

www.ava.org/clubs/escv

May 1, 2010

A Bit from Barb.....

It's spring! Warm sunny days just inviting you to get outdoors....well actually as I write this it's cold and raining off and on, but we know these nice days are out there. And that means walking season can commence in full. Our Wednesday walks start May 5 with the Skidmore walk in Saratoga. Our traditional walks kicked off on April 17 with the March for Parks at Olana. Despite a mixed weather forecast, we had a decent turnout of 64 walkers and, no, it never rained. Many thanks to Pat Rush for a great walk in her first turn as a POC.

Our next traditional event is the first food event of the year, the spring picnic at Grafton State Park on May 8. Yes, we've been assured the picnic tables will be out and the bathrooms unlocked. Don't forget we still have a number of group walks of the seasonals coming up as well.

I recently heard of another club in our region that will probably close down at the end of this year. One of the primary reasons is a lack of people willing to work to keep the club going. We are so fortunate in this regard. This past year I have felt blessed to have so many good people come forth to volunteer for the assignments we have posted. At the same time, we will miss those who are stepping down after many years of working for the club. This month we have three more positions to fill: At the end of this year, Eileen and John Sowa are giving up their roles as the managers of the food at the Octoberfest and Eileen will also be planning her last holiday party for us this December. There's more on these job openings in a separate article below. Emmy Koch will give up her job as cookie coordinator for the holiday party as well but Carol Sorensen has already stepped up to fill this role. This just one of the many jobs Emmy has undertaken for the club over the years and our deepest appreciation goes out to her for all she has done.

Our many thanks to Eileen, John and Emmy for their many years of service in helping us with that all-important fourth "F": FOOD !

We have two new volunteers to help me with the coordination of the YRE/seasonal walks: Denny Cottrell and Pat Whalen. A grateful "thank you" to them as well.

Membership chair Tad Darling has been sorting out our rolls after one last effort to contact all the members who had yet to renew. After sending personal e-mail messages and snail mail to those not on line, we had some late renewals. Our current membership now stands at 308. By the time you read this you should have received your new membership directory in the mail.

See you on the trail!

May 1, 2010

WELCOME NEW MEMBER! – Tad Darling

Welcome to Jim Brown - Green Island

See you on the trail!

HELP WANTED

Do you like to plan parties? Can you grill brats and hot dogs?

After many years of arranging the luncheon at the holiday party and procuring the food for the Octoberfest, Eileen Sowa is stepping down. In addition John Sowa is retiring as our grill chef at the Octoberfest.

They will retire after the 2010 season but would like someone to step forward now to work with them this year and learn the ropes about what these functions entail. While Eileen has taken on both the Octoberfest and the holiday party, these do not necessarily have to be done by the same person. And, no, the grill chef doesn't have to be married to the Octoberfest coordinator.

The walks at both events will continue to be a separate responsibility of a POC; one person is not expected to do both the food planning and the walk.

If you would like more information on what the jobs entail, e-mail Eileen at sowaj@union.edu or call her at 399-3949. If you know you want to volunteer, contact Teresa Kennedy at forty6er3k@aol.com or 370-0585.

ESCV MONTHLY MEETING

Monthly meetings start at 7pm, at the Crescent Firehouse, off Vischer Ferry Road (East from Exit 8 of the Northway). Next meeting is Tuesday, May 11th.

At the April 13 club meeting the members present voted to continue meeting at the firehouse for the coming year (Sept. 2010-June2011).

"New" Member Policy Change

At the April ESCV Monthly Meeting, the club's bylaws were revised and passed by a unanimous vote of the members present. This was done to document and clarify the policy for membership dues for new members.

Under Article 2, a new section 3 was added. It reads

"New members to ESCV joining for the first time between September 1st and November 30th will be assessed a membership fee of one half the full membership fee (individual or family) in addition to the fee for the 'New Member Packet'. The regular membership year is January 1st through December 31st."

Previously, it appears that ESCV did not have a written policy concerning how dues were assessed to new members. Under the new policy, a new member will pay full dues through August 31st, half priced dues from September 1st through November 30th and then next year's dues from December 1st on just like all the other members that are renewing membership.

May 1, 2010

Elections--Elections---Elections

It's that time again. Elections are in June. The slate so far is as follows: Barbara Kolapakka for president, Teresa Kennedy for vice-president, and Beth Snyder for treasurer. After many years of service as our secretary, Kathy LaRoux is stepping down. We thank her for her many years of doing a fine job. If anyone knows of anyone who would make a good secretary or wants to be one themselves, please contact either Marie Klucina at mklucina@nycap.rr.com, 393-1800 or Mary Sorell at xcmama3@aol.com or 272-2298 before the meeting in May. Anyone wishing to run for any of the other offices may do the same.

MILESTONES FROM "THE AMERICAN WANDERER" - Teresa Kennedy

Attention new members: A benefit of joining AVA, our national volkssporting organization, is seeing your name in print in the bimonthly edition of "The American Wanderer." Once event and distance books are submitted to the Texas office for processing, our accomplishments are published in the national newsletter.

The milestones listed below were published in the Feb./Mar and Apr./May 2010 AVA newsletter.

200 Events Sheila Gordon	225 Events Kathy LeRoux Karen Watson	250 Events Vera Weiss	275 Events Nellie Georgelos	300 Events Frank Edwards
325 Events Cathy Edwards	350 Events Lucy Healey	375 Events Bernie Geren	425 Events Mary Lou Geren Alan Longshore Lynn Longshore	500 Events Pat Reed
525 Events Barb Kolapakka	1350 Events Barbara Piffat Joseph Piffat			

Distance Milestones

500 k John Watson	2000 k Sheila Gordon	3000 k Nellie Georgelos Vera Weiss	3500 k Lucy Healey	4000 k Bernie Geren Alan Longshore Lynn Longshore
14000 k Eileen Skinner	17000 k Barbara Piffat Joseph Piffat			

Congratulations on your accomplishments! If anyone was missed that was published in the Dec./Jan. *Wanderer*, please call Teresa Kennedy at her home phone or e-mail her at Forty6er3K@aol.com so you can be recognized in the next newsletter.

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Olana - April 17th - March for Parks



Walk prep: Pat, Vera, Lea and Eleanor



Denny and Lucy enjoy the view.

May 1, 2010

**EMPIRE STATE CAPITAL VOLKSSPORTERS TREASURER'S
REPORT – Beth Snyder**

**Empire State Capital Volkssporters
TREASURER'S REPORT**

Apr. 1, 2010

Mar. 1, 2010 Beginning Balance:		\$7,903.59
Income:		
Membership	<u>119.00</u>	
Total Income	\$ 119.00	
Expenses:		
AVA	447.50	
Walk Expense		83.51
Donation	<u>25.00</u>	
Total Expenses	556.01	
Mar. 31, 2010 Ending Balance:		\$7,466.58

Submitted by,
Beth Snyder
Treasurer

ESCV PICNIC – May 8th - Grafton Lakes State Park
POT LUCK! Bring your favorite dish to share.

ESCV CALENDAR OF EVENTS

GROUP SANCTIONED WALKS

Wednesday and Saturday walks start at 9:30; registration is from 9 – 9:30.

Sunday walks start at 1:30; registration is from 1 – 1:30.

May 1 Saturday – Cooperstown; start The Clark Sportscenter, Susquehanna Ave.

May 2 Sunday DATE CHANGE – Lake George; start Fort William Henry Resorts & Conference Center, 48 Canada St.

May 22 Saturday - Saratoga Spa State Park; start Hilton Garden Inn, 125 South Broadway (Rte 9)

May 29 Saturday – Saratoga Battlefield, Stillwater; start Saratoga Battlefield Visitor Center Route 32

June 5 Saturday – Johnstown; start Johnstown City Hall 42 E. Main St.

June 12 Saturday - Caroga Lake; start Caroga Lake Town Offices, 1840 State hwy. #10

June 27 Sunday – Scotia; start The Glen Sanders Mansion 1 Glen Ave

TRADITIONAL EVENTS

May 1, 2010

Start any time between 9AM and 12 noon; finish by 3:00 PM

May 8 Saturday DATE CHANGE – Grafton Lakes State Park – Club Picnic

June 26 Saturday – Dave Skinner Memorial Walk – Gloversville

Wednesday Guided Walks May/June 9AM & 6PM

Date	Location	Start
May 5	Westside Saratoga Springs	Price Chopper Lot Rt. 50
May 12	Albany - Anniversary Walk	Parking Lot for Corning Preserve
May 19	Cohoes	Visitor Center (next to Cohoes Music Hall)
May 26	Ballston Spa Town Of Milton	Milton Community Center
June 2	Broadalbin	Fulton Cty Visitor's Ctr. - Rts 29 & 30
June 9	Albany - Pinebush	Pinebush Discovery Ctr Rt. 155
June 16	Voorheesville - Thacher Park	Thacher Park - Halles Cave Parking
June 23	Niskayuna	Blatnik Park (Ice Cream Social)
June 30	Colonie Town Park	Town Park

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NORTHEAST REGIONAL CALENDAR – Phil Hait, Regional Director

Date	Day	AVA Club	Walk Location	Point of Contact	E - Mail	Telephone
	May					
11-May	Tuesday	Walk 'n Mass	Milford, MA	Beate Hait	beateh1@aol.com	508-429-3564
15-May	Saturday	West Point	West Point, NY	Nancy Patrick	volkssportclubofwestpoint@hotmail.com	845-446-4709
16-May	Sunday	West Point	Highland, NY	Andrew Schmidt	volkssportclubofwestpoint@hotmail.com	845-462-7539
22-May	Saturday	Finger Lakes	Chenango Forks, NY	Steve Thomas	stis@juno.com	607-775-9060
	June					
8-Jun	Tuesday	Walk 'n Mass	Lancaster, MA	Joy Peach	joypeach@verizon.net	978-365-5021
18-19-Jun	Fri-Sat	Southern Maine	Falmouth, ME	Carroll Tiernan	crrllt@maine.rr.com	207-781-2330
19-Jun	Saturday	Finger Lakes	Manlius, NY	Colleen Hailey	chailey@binghamton.edu	607-754-1979
19-Jun	Saturday	Twin State	Manchester, VT	Cindy Gray	cwgray@comcast.net	802-244-6265
	July					
10-Jul	Saturday	Walk 'n Mass	Marlborough, MA	Karen Kolaczyk	kkolaczyk@comcast.net	508-481-7389
11-Jul	Sunday	Finger Lakes	Endicott, NY	Doug Gausman	dougs4it@aol.com	607-757-0164
13-Jul	Tuesday	Walk 'n Mass	Sudbury, MA	Betty Foley	betfoley@ix.netcom.com	978-443-4857
	August					
10-Aug	Tuesday	Walk 'n Mass	Saxonville, MA	Betty Foley	betfoley@ix.netcom.com	978-443-4857
21-Aug	Saturday	Walk 'n Mass	Bristol, RI	Margo Craven	magoo249@comcast.net	508-222-1152
	September					
4-Sep	Saturday	Walk 'n Mass	Orange, MA	Karen Kolaczyk	kkolaczyk@comcast.net	508-481-7389
25-Sep	Saturday	Twin State	Lyndonville, VT	Kerry Brinkerhoff	ranger_kerry@yahoo.com	802-626-8939
	October					
3-Oct	Sunday	Finger Lakes	Montour Fall, NY	Colleen Hailey	chailey@binghamton.edu	607-754-1979
9-Oct	Saturday	Walk 'n Mass	South Yarmouth, MA	Karen Kolaczyk	kkolaczyk@comcast.net	508-481-7389
23-Oct	Saturday	Twin State	Wilder, VT	Pat Stark	pstark@hartford-vt.org	
	November					
6-Nov	Saturday	Walk 'n Mass	Bedford, MA	Sue & Dave Robertson	susdave@comcast.net	978-774-6449
	December					
4-Dec	Saturday	Walk 'n Mass	Attleboro, MA	Margo Craven	magoo249@comcast.net	508-222-1152

May 1, 2010

CLUB CONTACTS

CLUB OFFICERS		
President	Barbara Kolapakka	Bkola67@gmail.com
Vice President	Teresa Kennedy	Forty6er3K@aol.com
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MEMBERSHIP AND EMAIL UPDATES	Tad Darling	harrydarling@verizon.net
SUNSHINE SECRETARY	Kathy LeRoux	Kathy can be reached at 438-1947 or by E-mail kleroux1@nycap.rr.com .
WEBMASTER	Eileen Skinner	EF Skinner@aol.com
NAME TAG ORDERS	Laura Sheldon	Cost is \$4 and must be prepaid with a check ; Laura can be reached at 384-0143 or by E-mail at sewshel@aol.com
WEDNESDAY WALK COORDINATOR	Bernie Geren	tscbernie@hotmail.com
WALK DEVELOPMENT COMM. CHAIR	Teresa Kennedy	Forty6er3k@aol.com
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