



EMPIRE STATE CAPITAL VOLKSSPORTERS

New Website Address
www.ava.org/clubs/escv

February 2008

WEDNESDAY WALKS – None for
February or March

GROUP SANCTIONED WALKS

Feb. 9th, Schenectady* at 9:30 AM, start
point Holiday Inn, Nott Terrace, Schdy,
POC Ellen McNett; registration at the
Holiday Inn 9 to 9:30; walk starts at 9:30.

Mar. 2, Albany* at 1:30 10/12K Collegiate

TRADITIONAL EVENT – None for
February or March

* Denotes walk qualifies for AVA Special
Program

BERNIE'S WORDS

Another year has gone by; we unfortunately
started this year with the passing of Dave
Skinner. Not only was Dave a personal
friend, but he was a source of valuable
information and advice in the workings of
AVA and ESCV. This is surely a sad
moment for our club as this New Year
commences.

Dave has been a member of ESCV from
close to the very beginning (if not a founding
member of our club); he volunteered his
services to the club for many years. He held
the office of President for the past two years
and prior to that held the office of Vice
President for as long as I have been a
member of the club. Dave also led walks and
planned walks; he was a mentor to most
officers who would seek his help and also
served as the club auditor. Dave always did
more than his fair share and his service to

the club will surely be missed.

Walking without Dave will be a strange
feeling; I will especially miss Brooklyn
Dodgers' discussions along with other
subjects that made the six miles go speedily
by. From the entire club, our deepest
condolences and support go out to his wife
Eileen and their daughter Debbie and her
family.

On a lighter side, we started the year with our
annual New Year's Day walk in Albany.
Twenty-nine hearty walkers showed up on a
balmy (as far as temperature) New Year's
Day. Walking was treacherous and a light
snow was falling, while we toured the streets
of Albany, but we all made it without any
broken bones. Thank you to the Albany
POC, Teresa Kennedy, for preparing the
event.

January 19th brought us together again at the
kick off of the Saratoga year-round walk with
the POC, LaVerne Stiles, checking us in.
Twenty members walked the intermittently
snow-laden streets of Saratoga with the
weather turning into a beautiful day. Thanks,
LaVerne.

Last Monday at our monthly meeting we had
the pleasure of Vera and Marv Weiss
presenting their African trip. Marv had a
Power Point presentation of their photo
experiences to share with us. Thank you to
both of them, because we take pleasure in
sharing the adventures of our members and
it's a virtual trip for us all to enjoy.

I hope to see you all at the kick off of the
Schenectady year-round on Saturday,
February 9th. Ellen McNett has again opened

February 2008

her home to us for a soup luncheon; please bring a dish to share (remember, we like everything, especially chocolate!). Don't forget the next meeting on February 18th at the Crescent Fire House.

**BHOS SPRING CONCERT TO
HONOR DAVE SKINNER -**

Phyllis Boyd

Most of us knew Dave Skinner through our walking with him. Others also knew him through singing with him in the Burnt Hills Oratorio Society. A few of us had the privilege of both associations.

In recognition of the deep loss of their long time friend, tenor and treasurer, BHOS is dedicating their Saturday, May 10, Spring Concert to Dave.

The concert will be held in Saratoga Springs. Details will be found in the April ESCV Newsletter

WITH THANKS & GRATITUDE – EILEEN SKINNER

I would like to thank all members of ESCV for their prayers, condolences, words of comfort and remembrance, the flowers, the cards, and support I have been receiving during this most difficult time.

The outpouring of love and caring is a wonderful gift you have given to me and our family.

The Burnt Hills Oratorio has received many, many donations. Thank You!

Our thoughts at this time are to have a piece of music (text to be chosen) commissioned in David's name that will become their signature piece to be sung at all their concerts in the future. We are also talking about some kind of a scholarship fund to help a student interested in Music to attend a summer music camp or some other musical activity. Nothing has been decided as yet, but these are thoughts that we are considering.

Thank you all.

FEBRUARY 9TH APRES WALK LUNCH INVITATION – Ellen McNett

After the walk, come warm up at Ellen McNett's house (822 Union St). Everyone is invited for the annual Soup/Chili Lunch. Ellen will provide hot homemade Soup & Chili and beverages; all else is Pot Luck. Please bring something to share and let's hope for sunshine.

NEW ESCV WEBSITE ADDRESS

Website: www.ava.org/clubs/escv

MILESTONES FROM “THE AMERICAN WANDERER” - Teresa Kennedy

Attention new members: A benefit of joining AVA, our national volkssporting organization is seeing your name in print in the bimonthly edition of “The American Wanderer.” Once event and distance books are submitted to the Texas office for processing, our accomplishments are published in the national newsletter.

The milestones listed below were published in the June/July and August/September issues.

10 Events Carol Kennedy Eleanor Shutter	75 Events Larry Godshalk Fran Pallozzi Beth Snyder	100 Events Evelyn Dufur	125 Events Louise Darragh	150 Events Lea Darling Karen Watson
175 Events Rita Gavin Sue Godshalk	200 Events NellieGeorgelos	225 Events David Averill Marion Averill	400 Events TeresaKennedy Pat Reed	425 Events Jean Padula Joe Padula
525 Events Linda Morzillo	550 Events Richard Sperry	1050 Events Eileen Skinner		

The milestones listed below were published in the Dec/Jan issues.

500 K Larry Godshalk Beth Snyder	1500 K Lea Darling	2000 K Sue Godshalk	2500 K Ann Misener
4000 K Teresa Kennedy Jean Padula Joe Padula	8000 K Joan Kimmel Linda Morzillo	12000 K Eileen Skinner	

Congratulations on your accomplishments! If anyone was missed that was published in the June/July/Aug/Sept *Wanderer*, please call Teresa Kennedy at her home phone or e-mail her at Forty6er3K@aol.com so you can be recognized in the next newsletter.

NORTHEAST REGION CALENDAR February – June 2008

Phil Hait - Region Director

Due to possible last minute changes, if you are planning to attend a walk supported by another club, call/e-mail the POC in advance to confirm. Note that ESCV Group Walks of YRE and Seasonal Events (aka "Kickoff Walks") are NOT included in this listing! See back cover of ESCV's 2008 walk booklet for that list.

Date	Day	AVA Club	Walk Location	Point of Contact	E-Mail	Telephone
	February					
9-Feb	Saturday	Southern Maine	Falmouth, ME	Denise Macaronas	smva2005@yahoo.com	207-774-3415
	March					
15-Mar	Saturday	Southern Maine	Peaks Island, ME	Denise Macaronas	smvamaine@yahoo.com	207-774-3415
16-Mar	Sunday	West Point	Goshen, NY	Joan Kimmel	volkssportclubofwestpoint@hotmail.com	845-462-6845
29-Mar	Saturday	Walk 'n Mass	Holliston, MA	Beate Hait	beateh1@aol.com	508-429-3564
	April					
12-Apr	Saturday	Empire State	Grafton, NY	Winnie Balz	winnieB@yahoo.com	518-372-3663
26-Apr	Saturday	West Point	Fort Montgomery, NY	Joan Kimmel	volkssportclubofwestpoint@hotmail.com	845-462-6845
30-Apr	Wednesday	Empire State	Malta, NY	Vera Weiss	vweiss@nycap.rr.com	518-399-1798
	May					
4-May	Sunday	West Point	Mills Norrie State Park			
7-May	Wednesday	Empire State	Schenectady, NY	Nancy Wallace Phyllis Boyd	Nfwally@aol.com	518-399-8532
14-May	Wednesday	Empire State	Voorhesville, NY	Dan Schryver	dschryver@aol.com	518-765-4630
18-May	Sunday	Twin State	Shelburne, VT	Cynthia Gray	crwgray@comcast.net	802-244-6265
21-May	Wednesday	Empire State	Round Lake, NY	Barbara Green	greenbm@juno.com	518-383-1152
28-May	Wednesday	Empire State	Castleton, NY	Colleen Daignault	cdaignault001@nycap.rr.com	518-477-9596
31-May	Saturday	Empire State	Latham, NY	Berny DesRoches	bernyd@verizon.net	518-783-1172
	June					
4-Jun	Wednesday	Empire State	Loudonville, NY	Eileen Skinner	EFSkinner@aol.com	518-371-4352
11-Jun	Wednesday	Empire State	Voorhesville, NY	Winnie Balz	winnieb@yahoo.com	518-372-3663
18-Jun	Wednesday	Empire State	Niskayuna, NY	Bernie Geren	tscbernie@hotmail.com	518-399-8400
21-Jun	Saturday	Empire State	Cobleskill, NY	Lea Darling	lea.darling@att.net	518-399-7229
25-Jun	Wednesday	Empire State	Delmar, NY	Rita Gavin	rigav5@aol.com	518-439-2229

Top 10 Walks in the USA for 2007 – Phil Hait

Each year Wendy Bumgardner conducts a survey from Volkssporters across the US asking walkers to list their favorite volksmarch routes. **Congratulations go to the West Point Club for their walk at West Point.** It came in 3rd in the annual poll. The entire list is outlined below.

Rank	Location	Rank	Location
1	Grand Canyon, AZ	6	Virginia City, Montana
2	Honolulu, HI Waterfront	7	Mackinaw City, MI
3	West Point, NY	8	Truckee River Trail, Reno, NV
4	World Forestry Center, Portland, OR	9	Spring Mill State Park, Mitchell, IN
5	Garden of the Gods, Colorado Springs, CO	10	Indianapolis, IN

To view the details on this survey, please visit:
<http://walking.about.com/od/trails/a/topten2007.htm>

CLUB CONTACTS, NEXT MEETING DATE AND NEWSLETTER DEADLINE		
CLUB OFFICERS		
President	Bernie Geren	tscbernie@hotmail.com
Vice President	Barbara Kolapakka	sisu07@earthlink.net
Recording Secretary	Kathy LeRoux	kleroux1@nycap.rr.com
Corresponding Secretary	Teresa Kennedy	Forty6er3K@aol.com
Treasurer	Joe Padula	ASPCAlbany@aol.com
MONTHLY MEETING	Monday ,February 18th.	3 rd Monday of each month, 6:30 PM at the Crescent Firehouse, off Vischer Ferry Road (East from Exit 8 of the Northway)
NEWSLETTER DEADLINE reflections on a past or upcoming volkswalk and/or trips are always welcome. Phyllis Budka	Articles for the March newsletter are due on February 22nd.	abudka@nycap.rr.com 377-8734 2135 Morrow Avenue, Niskayuna, NY 12309
MEMBERSHIP AND EMAIL UPDATES	If your email has changed, contact Marie Klucina	mklucina@nycap.rr.com
SUNSHINE SECRETARY	Please let Kathy LeRoux know if you hear of anyone in our club who is recovering from surgery, in the hospital or is sick as well as any individual achievements they may be celebrating.	Kathy can be reached at 438-1947 or by E-mail kleroux1@nycap.rr.com . You can also see her at the monthly ESCV club meetings.
NEW ESCV WEBSITE ADDRESS		www.ava.org/clubs/escv

Last chance to order Volkssport USA Map T-shirt!!!!!!!!!!

Over 40 shirts have been ordered thus far. Everyone is enjoying marking their progress of completing a walk in every state by seeing the map on the back of the shirt take on color.

Complete the coupon and send to Teresa Kennedy, 1569 Dean St., Schenectady, NY 12309 before Feb. 10, 2008.

Name _____

Unisex shirt _____ White _____ Ash Grey

Size _____ Small _____ Medium _____ Large _____ X-Large

Make checks out to ESCV in amount of \$16.00

FOUND - Black Windbreaker Jacket

At the beginning of the Schuylerville walk this Summer, someone put their black windbreaker in my Van. Following the Walk I got sick and had to leave before the Revolutionary program began, forgetting that the jacket was in my Van, I took it with me. Would the owner please come forward and I will return the Jacket.

Thanks! John Van Vranken 518-233-8861

NEWS FROM THE FIELD – Half-Dozen ESCVers Attend The Savannah Baker's Dozen – Phyllis Budka

The Happy Wanderers Walking Club, Daytona Beach area chapter of the AVA, held their 5th biennial Savannah, Georgia, mega-weekend, January 17 – 21. Titled "The Savannah Bakers Dozen," 13 events were available, including walking swimming and biking. With fond memories of Travelwalk's trip to this event 4 years ago, Phyllis Boyd / Budka, Jean Egan, Sue Grey, Carol Kobuskie and Pat Reed headed South.

The first few days were cold and rainy; the next several days provided perfect walking weather – cool and sunny. Some or all of us walked the following events:

Historic Downtown Savannah; Squares and Shops Stroll; Religious Ramble; Savannah Pub Crawl; Antebellum Adventure – Waterfront Park, Beaufort, SC; Beach Bike Bonanza – Tybee Island, GA; Wormsloe Plantation Walk – Not a part of the weekend events, but a nice stroll through the Georgia woods.

FROM THE ESCV HISTORIAN'S DESK Dan Schryver

BACK IN TIME ... ESCV NEWSLETTER VOL. 2

FEBRUARY 1988

NO. 2

Welcome to our most recent member: Maureen Strainge.

VICE-PRESIDENT'S MESSAGE

Welcome to the other newly elected officers:

Floyd Henderson, Secretary and Karl Dunz, Treasurer.

After the "transition" meeting held at my house on Wednesday, Feb.17th, I think the new officers felt a little more at ease regarding our situation at the present time. As things stand now , we have no President! ! I know it's nail-biting time for Rich Phillips, our Kinderhook event chairman, in trying to hold the Kinderhook 10k walk on May 14th. We new officers could surely use some help for this event from our approximately 120 members.

I feel our past officers did a stupendous job in getting ESCV off to a great start, but our club is going to have to have a lot more help and input from our members if we are to continue to hold events.

Diane Clancy

DUES REMINDER

Please use the following coupon to renew your membership.

Dues are due by the 29th of February or you will be dropped from the mailing list.

Date: _____

RENEWAL: Membership (Single \$10.00, Family \$18.00)

Make checks payable to ESCV. (**Checks are preferred!**)

Name(s): _____

Address: _____

Phone: _____ Are you a member of AVA? ____ Yes ____ No

E-Mail Address:

Is it OK to add your e-mail address to the ESCV Directory? ____ Yes ____ No

Do you want to receive HOTMAIL via e-mail? ____ Yes ____ No

Send form along with check a check made out to ESCV to:

ESCV Membership,

PO Box 5464, Clifton Park, NY 12065-5464
