



# EMPIRE STATE CAPITAL VOLKSSPORTERS

Website: [www.geocities.com/walkescv](http://www.geocities.com/walkescv)

September 2007

There is nothing like walking to get the feel of a country. A fine landscape is like a piece of music; it must be taken at the right tempo.

Paul Scott Mowrer,

## **WEDNESDAY FALL GROUP WALK**

### **9:30 AM**

Sept 5      Johnstown\*  
Sept 12     Williamstown\*  
Sept 19     Bennington\*  
Sept 26     Caroga Lake\*  
Oct 3       Saratoga Battlefield\*

## **TRADITIONAL EVENTS**

Saturday Sept 8<sup>th</sup>    **Plattsburgh \***

Start: Plattsburgh Recreation Dept  
414 US Oval (Bld#52)  
9:00AM-noon, finish by 3:00PM

October 6<sup>th</sup>    **Schenectady\* Wine and Cheese**

Start Schenectady Historical Society  
Washington Ave.  
12:30-1:30PM finish by 3:30PM

Mark your calendars:

Wednesday Guided Walk    October 17<sup>th</sup>

**Schuylerville\*** walk starts 9:00 AM

\*denotes walk qualifies for AVA Special Program

## **Bernie's Words:**

It seems that every time I sit down to write, time has flown by and this time our summer has disappeared, but most of all our Wednesday walks have ended. Our thanks go to Eileen Skinner and all the people who volunteer to make the Wednesday walks a success.

Schedules for 2008 are now being prepared; Father Cairns with the Kick-off walks for our seasonal and year around events, Eileen Skinner with the Wednesday walks and Barb Kolapakka with the traditional events. Everyone is looking for volunteers: people are always appreciated to help sign in walkers, collect money, stamp books, plan and lead walks.

**TRAVELWALK** is running a bus to Plattsburg on September 8<sup>th</sup>; the last time I heard, it is only half full. The day is also Plattsburgh's celebration of the battle during the War of 1812. There will be a festival occurring in the city on the very day we will be walking. Come out and enjoy our North Country and support the walk, as you all did in Lake Placid.

Speaking of Lake Placid, congratulations and thanks are in order to Vera and Barb for a great walk and a wonderful day. Both Vera and Barb made trips to Lake Placid during the planning stages; their sacrifice resulted in a terrific day with a great walk.

We now have a new meeting place, thanks to the efforts of Lea Darling, who found a meeting room at the Crescent Fire Department. I always liked the Monday meeting when I first joined the club, so I picked **the third Monday of the Month**. I apologize to the people on the **TRAVELWALK** trip in September, since they will miss my first official meeting. But to the rest of you, I hope to see on **Monday, September 17<sup>th</sup>**.

September 2007

## Around the Northeast Region

Other Walks from around the Northeast Region for those who might be traveling For Further information check the following club websites or the Northeast region Site.

West Point Club [www.ava.org/clubs/WestPoint](http://www.ava.org/clubs/WestPoint)

Sept 9 <sup>th</sup>	South Nyack 9am-2pm trail rated 2
Sept 16 <sup>th</sup>	Cold Spring 10am-1 pm trail rated 2+
Sept 30 <sup>th</sup>	Round Pond 10am-3pm trail rated 3

Fingerlakes Club [bingweb.binghamton.edu/~chailey/flrvc.html](http://bingweb.binghamton.edu/~chailey/flrvc.html)

Sept 16 <sup>th</sup>	Ithaca Cayuga Trail 10am-2pm trail rated 3
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Walk n Mass [www.ava.org/clubs/walknmass/](http://www.ava.org/clubs/walknmass/)

Sept 22	New Bedford, Mass 9:30 am 10 K 10:30 am 6 K
Sept 29 <sup>th</sup>	Wareham, Mass Start 9 am-noon

## 2007 WEDNESDAY AWARD BUTTONS

Congratulations to all who completed 10 or more Wednesday 2007 Summer Walks.

Thank you goes to Ed Koch for the photo that we used to make the button.

### July 4<sup>th</sup>

Eileen Skinner

David Skinner

John Cairns

Dan Schryver

Joe Padula

Jean Padula

### July 11<sup>th</sup>

Jean VanVranken

John VanVranken

### July 18<sup>th</sup>

Jack Hickey

Marie Klucina

Carol Kobuskie

Mary Ann Miller

Bill Tierney

### July 25<sup>th</sup>

Carol Kirk

Ann Misener

Eleanor Shutter

### August 1<sup>st</sup>

Marion Averill

Phyllis Boyd

MaryLou Geren

Catherine Marrano

Fran Pallozzi

Doug Reynolds

Natalie Smith

Karen Watson

### August 8<sup>th</sup>

Kathleen Brown

Linda Clark

Lea Darling

Linda Morzillo

Jackie Reynolds

Vera Weiss

### August 15<sup>th</sup>

Mary Agars

George Agars

Winnie Balz

Sue Godshalk

Bill Hughes

Diane Hughes

Beth Snyder

### Online Survey about Walks

We ask you to please respond to an upcoming **ESCV Hot Mail Survey** which will contain a link to a survey on your walking preferences. We want your input and your preferences to better help up with our walk scheduling. The more people that respond, the better. All you will need to do is answer a few questions by clicking on the answers and preferences, then click on SEND and you are done. No stamps, no envelopes, no pens, just your computer. The Wednesday Walk Committee thanks you in advance.

September 2007

**Wednesday walks will continue with GROUP WALKS of the Year Round and Seasonal Walks for the Second 1/2 of the year without the + sign.** You will be receiving HOT MAILS announcing these walks. The POC may or may not be there, so it is up to the individual walkers to register and maybe one will volunteer to collect fees to save everyone postage. These walks will be held at 9:30 AM with registration 1/2 hour before. PLEASE SUPPORT YOUR CLUB'S WALKS. If you cannot attend a group walk, you may do the walk any day of the week on your own.

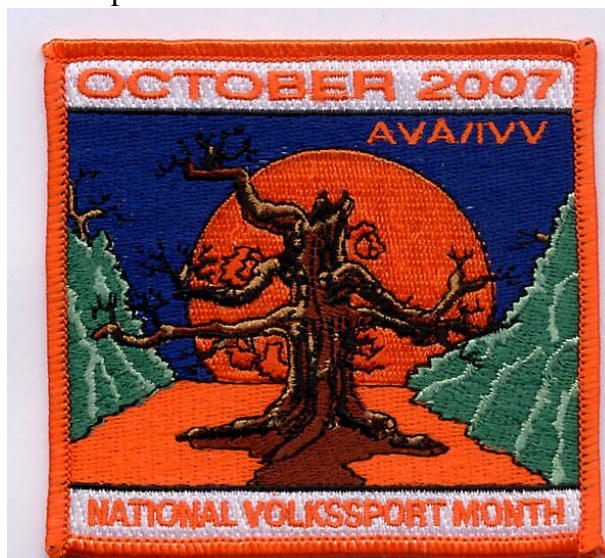
**Fall Group Walks - Wednesdays @ 9:30AM**

Sept. 5	Johnstown	Oct. 24	- Scotia
Sept. 12	Williamstown, Ma	Oct. 31	- Saratoga Spa Park
Sept. 19	Bennington, Vt	Nov. 7	- Schenectady
Sept. 26	Caroga Lake	Nov. 14	-Albany 10/12K Environs
Oct. 3	Saratoga Battlefield	Nov. 28	-Saratoga Springs-City
Oct. 10	Cooperstown	Dec. 5	- Troy - Downtown

Attention new members: A benefit of joining AVA, our national volkssporting organization, is seeing your name in print in the bimonthly edition of The American Wanderer. Once event and distance books are submitted to the Texas office for processing, our accomplishments are published in the national newsletter. The above listed milestones were so published in the June and August Wanderer.

### **2007 National Volkssporting Month Patch**

AVA has sent us an order form for this year's National Volkssporting Month (NVM) patch which is intended as a walk award for traditional events during October this year. Cost for the 3.5" 100% embroidered multi-colored patch pictured below is \$1.25 and may be acquired in one of two ways. To guarantee receiving one, send payment to the club address: PO Box 5464, Clifton Park, NY 12065-5464 immediately since the order has to be sent to AVA a month before our first event in October which is on the 6th. Some extra may be ordered to be offered on a first serve basis at that first event and possibly be available for our other event on October 17. However to be sure of a patch either mail in your payment or see Dave Skinner who will accepted orders in person during the short time before we place the club's order by the end of the first week in September.



September 2007  
**VICTORY WALK**

Mark your calendar for an opportunity to pay your respects to those patriots who fought and died at one of the top 10 most significant battles of World history. A special sanctioned walk, to be sponsored by ESCV on Wednesday, October 17, 2007 in Schuylerville and Victory Mills, will help commemorate the 230<sup>th</sup> Anniversary of the surrender by British General Burgoyne to American General Gates. It was the first time in over 200 years that the British were required to sign a treaty of surrender. All of this in our own backyard.

Following battles on September 19, and again on October 7, 1777, on the high ground near Stillwater (Bemis Heights), Burgoyne realized that he would not be able to break through the patriots' lines and get to Albany, the key location for splitting New England from the rest of the colonies. Burgoyne, whose original troop strength when he started south from Canada was over 10,000, now numbered less than 6,000 exhausted British and German soldiers who were running out of provisions. With winter coming on and their Native American allies' abandonment, the British tried to retreat north up the Hudson River to the safety of Fort Ticonderoga. However, they were only able to get about 9 miles to the community of Saratoga (renamed Schuylerville in honor of General Philip Schuyler who was instrumental in establishing the defenses of Bemis Heights and area). There they became hemmed in on all sides by a growing force of over 15,000 patriots. This permanently ended British hopes of splitting the colonies into two parts.

Burgoyne contacted Gates for terms and, after negotiations, they agreed that the British would surrender and turn in their arms on Sunday, October 17, 1777 on the northern side of Fish Creek where it enters the Hudson River, present locations of the areas near the Post Office and Fort Hardy. The British officers and enlisted men were then marched as prisoners of war south into Albany along what is now Broadway. When word of this victory reached Europe, France then started to supply the Americans with troops, materials, and ships that proved to be the turning point in the struggle for independence. Hostilities finally ended with the American and French victory over Cornwallis at the Battle of Yorktown, VA four years later, and the signing of the Treaty of Paris in 1783 where the British recognized the United States and promised to remove all British troops from the country. Thirty years later, the War of 1812, another story.

Following registration at the Schuyler House, just south of the village of Schuylerville on Route 4, at 8:30 am, the walk will start at 9:00, and finish by 11:30. This will give our group time to drive, or walk back, to Fort Hardy and the Surrender Tree to witness at noon the re-enactment of the "passing of the sword" as was done 230 years ago between the two generals. In addition, an actual sword used in the battles will be mounted and hung in the Visitors Center. The 10 K and 5 K trails, rated 2 and 1+ respectively, will pass many of the historic sites of this conflict, in addition to other regional features. Walk credit will be awarded for a number of AVA special programs: RiverWalk America; Native American Culture; Cemetery Stroll; Islands; RailRoad Heritage; US Presidents; American Authors; American Revolution; and National Heritage-Champlain Canal. At our Club's Monday meeting, September 17 at the Crescent Fire Department, Larry Arnold, noted historian on the battles and surrender at Saratoga, will provide a presentation on this historical event.

Doug Reynolds

## Milestones from June/July and August/September Wanderer

Attention new members: A benefit of joining AVA, our national volkssporting organization is seeing your name in print in the bimonthly edition of The American Wanderer. Once event and distance books are submitted to the Texas office for processing, our accomplishments are published in the national newsletter. The below listed milestones were published in the June/July and August/September issues of the Wanderer.

IVV EVENT AWARD		
10	Events	- Lois Burke
30	Events	- Catherine Marrano
		- Maureen Martelle
		- Carol Reid
50	Events	- Dawn Desroches
		- Ann McCarthy
		- Loueen Whalen
75	Events	- Bernard Desroches
		- Amy Gitchell
		- Dianne Hughes
		- William Hughes
		- Richard Welkley
100	Events	- Ann Smith
125	Events	- Lea Darling
		- Joan Muir
		- Karen Watson
150	Events	- Carol Sorensen
175	Events	- George Agars
		- Mary Agars
		- Kathleen LeRoux
200	Events	- David Averill
		- Marion Averill
		- Susan Grey
225	Events	- Ann Misener
250	Events	- Bernie Geren
275	Events	- Marylou Geren
350	Events	- Phyllis Boyd
500	Events	- Linda Morzillo
650	Events	- Dan Schryver
		- Leslie Yarbrough
		- Suzanne Yarbrough
750	Events	- John Cairns

IVV DISTANCE AWARD		
500	KM	- Dawn Desroches
		- Ann McCarthy
		- Loueen Whalen
1000	KM	- Dianne Hughes
		- William Hughes
		- Joan Muir
		- Carol Sorensen
1500	KM	- George Agars
		- Mary Agars
		- Jack Hickey
2000	KM	- David Averill
		- Marion Averill
		- Nellie Georgelos
		- Susan Grey
3000	KM	- Marlou Geren
3500	KM	- Phyllis Boyd
7500	KM	- Linda Morzillo
10000	KM	- David Skinner
15000	KM	- Barbara Piffat

**Congratulations** on your accomplishments! If anyone was missed that was published in the June/July/Aug/Sept *Wanderer*, please call Teresa Kennedy at her home phone or e-mail her at Forty6er3K@aol.com so you can be recognized in the next newsletter.

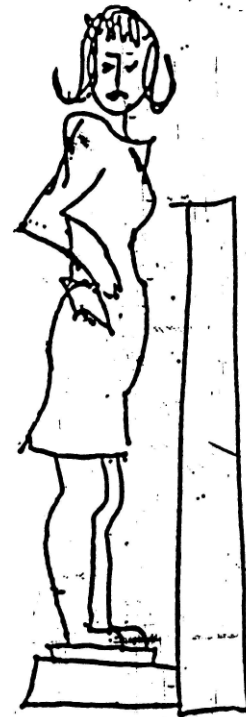
## From the ESCV Historian's Desk...

Dan Schryver

On a personal note this month.

On June 29<sup>th</sup> I traveled to Williamstown to get event credit before July 1<sup>st</sup> rolled around. When I arrived at the Williams Inn, I found the parking lots full of antique cars. After finding an empty slot between a couple of open roadsters, I began to look around. I had stumbled into a meeting of the Pierce-Arrow Society who were staying at the Inn. There were about 100 Pierce-Arrows present and their owners were dressed in 1920's outfits. They soon piled into their vehicles and drove away to another gathering place. One car in particular was pointed out to me by the hotel staff. It was the one that belonged to President Woodrow Wilson and had the Presidential seal on the door. Value - \$1,000,000.

The name Pierce-Arrow was once one of the most recognized and respected names in the auto industry. For 38 years the Pierce-Arrow Motor Car Company of Buffalo, New York produced some of the finest automobiles made. For over 20 years Pierce-Arrow supplied cars to the White House for the use of the President. The final Pierce-Arrow was built in 1936.



The trouble with me  
is I am a 10km walker  
and a 20 km eater!

## AMERICAN REVOLUTION WALKS

### ONE DAY EVENTS

September 29  
October 17

Wareham, Massachusetts  
Schuylerville, New York



## NEWS FROM THE FIELD

The following is a list of events and the number of participants during the June 2007 AVA Convention submitted by Eileen Skinner.



### Event Participation:

Date	Walk	Attendance	Date	Walk	Attendance
June 23	Folsom	657	June 27	Coloma	692
June 24	Squaw Valley	663	June 28	Davis	694
June 24	Sugar Pine Point	626	June 29	Auburn	710
June 25	Benicia	657	June 30	Angel Island	787
June 25	Old Sacramento	663	July 1	Golden Gate Bridge	757
June 26	Sonoma	693	July 1	San Francisco	532

### From Phil Hait, your Northeast Region Director (NERD)

The picture is a photo of the "new" Northeast Region AVA banner. It was my first official act as NERD, to have it made. It was on display at the North Easton, MA walk last week at the VFW & received favorable comments. It will be displayed at the AVA booth in Boston at the AARP convention in September. If any Northeast region club is hosting an event or participating in a health fair or similar promotion event, please let me know so that arrangements can be made to get it to the responsible person.



September 2007



*On The Road Again ..... by Marion Burns*

**Early Autumn Greetings Everyone!**

**Travelwalk extends best wishes to the new officers of ESCV. I appreciate the opportunity to publish Travelwalk updates in this newsletter.**

**For those who are new to Volkswalking, ESCV or to Travelwalk, let me offer a brief introduction: Travelwalk is an AVA-chartered club, begun in 1999, to provide trips to AVA-sponsored events throughout the country. In these 8 years, we have sponsored over 54 trips to 24 states. The length of these trips has varied from one day to fifteen; the distance, from 100 miles to 6,000. Travelwalk's mission is to provide safe, economical travel to walking events. Most of Travelwalk participants are ESCV members. The two clubs work together to provide you with the fun, fitness and friendship consistent with the AVA tradition.**

**Upcoming trips for 2007 are sold out, except our September 8 bus trip to the ESCV special event walk in Plattsburgh. E-mail me @ [volkssporter@aol.com](mailto:volkssporter@aol.com), if you would like information about this day trip.**

**Also e-mail me, if you would like to receive a fact sheet about Travelwalk, our trip flyers and semi-annual newsletter. Watch for Travelwalk updates in future ESCV newsletters.**



September 2007

**CLUB OFFICERS:**

President  
Vice President  
Recording Secretary  
Corresponding Secretary  
Treasurer

Bernie Geren  
Barbara Kolapakka  
Kathy LeRoux  
Teresa Kennedy  
Joe Padula

tscbernie@hotmail.com  
sisu07@earthlink.net  
kleroux1@nycap.rr.com  
Forty6er3K@aol.com  
[ASPCAAlbany@aol.com](mailto:ASPCAAlbany@aol.com)

**Other ESCV Positions:**

Membership  
Newsletter Editors  
  
Purchaser  
Sunshine  
Walk Devel. & Trad. Events  
YRE/SE Walk Coordinator  
Wed. Walk Coord. & Web Master  
Historian  
Publicity  
Carpooling Coordinators

Marie Klucina  
Lea Darling  
Sue Godshalk  
Winnie Balz  
Kathy LeRoux  
Barbara Kolapakka  
John Cairns  
Eileen Skinner  
Dan Schyver  
Chase Pugliese  
Sandy Gordon\*  
Sue Grey

mklucina@nycap.rr.com  
lea.darling@att.net  
lgodshal@nycap.rr.com  
winneeb@yahoo.com  
kleroux1@nycap.rr.com  
sisu07@earthlink.net  
JLCairns@aol.com  
EFSkinner@aol.com  
DSchyver@aol.com  
chasepugliese@hotmail.com  
ewells001@nycap.rr.com  
susanbg@earthlink.net

**Other Contacts**

Website  
ESCV E-Mail  
American Volkssport Assoc.  
Informal Wed. Morning WALKS  
American Revolution Walks  
Travelwalk (Marion Burns)

<http://www.geocities.com/WalkESCV>  
[WalkESCV@aol.com](mailto:WalkESCV@aol.com)  
[www.ava.org](http://www.ava.org)  
[EmnEdKoch@aol.com](mailto:EmnEdKoch@aol.com)  
[www.home.earthlink.net/~amrevwalks](http://www.home.earthlink.net/~amrevwalks)  
[Volkssporter@aol.com](mailto:Volkssporter@aol.com)

## **MONTHLY MEETING**

**NOTE: The monthly meetings will now be held the third Monday of each month at the Crescent Firehouse, which is located off Vischer Ferry Road (East from Exit 8 of the Northway)**

**The next meeting will start at 6:30 PM, Monday, September 17<sup>th</sup>.**

**Guest Speaker: Larry Arnold, noted historian on the battles and surrender at Saratoga, will provide a presentation on this historical event.**

### **FROM THE EDITORS**

Articles for the October newsletter are due on September 21, 2007. Please send us any news items that you feel would be interesting to our membership. Your reflections on a past or upcoming volkswalk and/or trips are always welcome.

Lea Darling [lea.darling@att.net](mailto:lea.darling@att.net) 399-7229

Sue Godshalk [lgodshal@nycap.rr.com](mailto:lgodshal@nycap.rr.com) 399-6041

### **MEMBERSHIP AND EMAIL UPDATES**

If your email has changed, let  
Marie know at:

[mklucina@nycap.rr.com](mailto:mklucina@nycap.rr.com)



Please let our Sunshine Secretary Kathy LeRoux know if you hear of anyone in our club who is recovering from surgery, in the hospital or is sick as well as any individual achievements they may be celebrating. She can be reached at her home phone 438-1947 or by E-mail [kleroux1@nycap.rr.com](mailto:kleroux1@nycap.rr.com). You can also see her at the monthly ESCV club meetings.

September 2007

**RESERVATION FORM – WINE AND CHEESE PARTY**

**Sponsored by ESCV**

**SATURDAY afternoon, OCTOBER 6<sup>TH</sup>, 2007, 1:30pm to 4:30pm**

**After Historical Schenectady Volkswalk**

**(see brochure for more information)**

**At the Schenectady County Historical Society**

**32 Washington Ave., Schenectady, NY**

**\$5 per person** includes wine, non-alcoholic punch, cheese and crackers

Last Name	First Name	Middle Initial	Amt. enclosed (\$5 per person)
Total enclosed			

Your phone number: \_\_\_\_\_

Your email address: \_\_\_\_\_

**OPTIONAL:**

I would like to bring an appetizer to share (yes/no): \_\_\_\_\_

Name of appetizer: \_\_\_\_\_

If it is served hot, please include instructions for heating:

\_\_\_\_\_  
Please call Sandy Marshall (370-1623) if you have any questions about appetizers, or call Emmy Koch (374-3588) for any other questions.

**PLEASE SEND YOUR RESERVATION FORM AND CHECK (MADE OUT TO ESCV) TO Emmy Koch, by September 15, 2007**

September 2007

**Empire State Capital Volkssporters**  
**PO Box 5464**  
**Clifton Park, NY 12065-5464**