



# EMPIRE STATE CAPITAL VOLKSSPORTERS

Website: [www.geocities.com/walkescv](http://www.geocities.com/walkescv)

June 2007

We live in a fast-paced society. Walking slows us down.

Robert Sweetgall

## JUNE WALKS

Registration begins 30 minutes before

### GROUP WALKS

- |                  |                              |
|------------------|------------------------------|
| Sat , May 26th   | <b>Saratoga Battlefield*</b> |
| Start: 9:30 AM   | Visitor Center               |
| Sat. June 9th –, | <b>Johnstown*</b>            |
| Start: 9:30 AM   | Johnstown City Hall          |
| Sat. June 16th – | <b>Caroga Lake*</b>          |
| Start: 9:30 AM   | Caroga Lake Town Offices     |

### WEDNESDAY WALKS

Start 9:00AM&6:00PM

- |                         |  |
|-------------------------|--|
| May 30 <sup>th</sup> -  | Loudonville*-                              |
|                         | Start: Sienna College North Parking lot    |
| June 6 <sup>th</sup> -  | Troy-RPI Environs*                         |
|                         | Start: RPI Houston Field House parking lot |
| June 13 <sup>th</sup>   | Voorheesville* -Thacher Park               |
|                         | Start: Halles Cave Parking Lot             |
| June 20 <sup>th</sup>   | Cohoes-VanSchaik*(Manor House)             |
|                         | Start: VanSchaik Mansion                   |
| June 27 <sup>st</sup> – | Niskayuna*-Ice Cream Social                |
|                         | Start: Blatnik Park                        |

Caroga Lake                      **Seasonal Opens June 1st**

\*walk qualifies for special program

**THANKS TO WALK POC'S** of all three **event** types we can offer and were on May's *card*, a total of nine "races" (not counting an extra five *workouts* with evening walks). Chronologically, Marie Klucina got us out of the *starting gate* with the first Wednesday **guided** walk of the year at Colonie Crossings on the 2<sup>nd</sup> and followed it three days later in Albany for our 20<sup>th</sup> Anniversary **traditional** walk (although unplanned, she got us to *break* into the *front* without breaking *stride*!). The Anniversary weekend concluded (good weather continuing) the next day as LaVerne Stiles called on Linda Morzillo & Natalie Smith to "jockey" for her at the *Saratoga Spa Park group* walk. Barb Green got her first "race" as a POC and was very successful (along with more great weather) at Round Lake on the 9<sup>th</sup>. That morning's guided walk made some ESCV history as we were joined by a reporter for a Korean daily from the NYC area. Since we hope to receive his article (fully translated!) and any pictures he took, we'll be sure to share them. Winnie Balz *renewed* her Saturday before Mother's Day group walk tradition (and dare I say more good weather) even with a *course* correction in Cooperstown. A change in the weather came on the 16<sup>th</sup> for the Schenectady river walk, but another new Wednesday POC, Nancy Wallace came through nicely (notice I'm not citing our being good "*mudder's*" since it was a paved *track*!). The month headed done the *stretch* with Dan Schryver on the 23<sup>rd</sup> with Voorheesville's guided walk and we celebrated Memorial Day weekend at the *Saratoga Battlefield* on the 26<sup>th</sup> with Linda Morzillo's group walk. The *finish line* was crossed on the 30<sup>th</sup> by Eileen Skinner at the Siena guided walk with Beth Emeth & Albany Rural cemeteries.

### **ANNIVERSARY PARTY & ACTIVITIES THANKS**

go to all those who made everything a success and to highlight many of the same individuals named in the anniversary program please see Beryl Wolf's letter sent to the Skinner *entry*. As you'll see, it's really to all of us in the ESCV "*stable*" (certainly my continued wordplay, not Beryl's!). However, I do want to cite, as I did at the party, the initial support I got from our current club historian Jack Hickey and then how we were guaranteed to be *winners* when Vera Weiss joined us as even more than an expert *trainer* (you do love horses Vera, don't you?!). She also got the program printed by a significant other that went

**PRESIDENTIAL RAMBLINGS...** This is being written well in advance of its June focus as the first issue of a reduced Summer schedule of newsletters that will be worked out so our August & September traditional walk brochures get to you in a timely fashion. Thus, depending when the next issue comes out, this is probably my last opportunity to address you as club president since I know my successor (nominated, but not elected yet!) is just chopping at the bit for his chance (and I don't say that just because the Preakness is being run this weekend!).

## JUNE 2007

un-named (as agreed upon) in the program even though he made other contributions as well!

**ADDITIONAL THANKS** are in order for various individuals. Our last club meeting program of our 2006-07 year was greatly enhanced by another outstanding *entry* of Jackie & Doug Reynolds. Their travelogue on their Pacific Rim trip was very interesting and well received. Another fine effort was done by Mary Sorell overseeing the nominating committee of Rita Gavin, Carol Sorensen and Pat Whalen (be sure to see their slate of officers for 2007-08). Also, if this is my concluding “Ramblings” (as I go out to *pasture*!), I want to thank the great group of officers I was honored to serve with during my two years in office. Alphabetically, they include Bernie Geren, Barb Green, Pat Lanphear, Kathy LeRoux and Joe Padulla. They all

were a pleasure to work with and I certainly wish the best to those continuing as officers.

That leads me to cite two others (and their spouses!), that I and my immediate predecessors worked with, our newsletter editors Lea Darling and Sue Godshalk. As you should know, after doing the job for 4 years they are asking for a change so they can work on other walking activities they enjoy. Please talk to them to learn what the job entails and let me know so I can still assist in the transition. I was pleased to appoint Dan Schryver (with Jack Hickey’s recommendation) as our next historian and I’d love to make another for the newsletter before I leave office! Lastly (on an unabashedly personal note) there’s one more individual that has continually helped me with her support (and wears many “hats” in what she does for the club), my wife Eileen Skinner. I truly appreciate your efforts Dear, in handling many tasks thereby enhancing the club and making my job easier.

### **Elections, Elections, Elections**

**The slate for the June elections was finalized at the May meeting.**

**The slate is as follows:**

**Bernie Geren for President,  
Barbara Kolapakka for vice president,  
Joe Padula for treasurer,  
Kathy LeRoux for secretary,  
Teresa Kennedy for corresponding secretary.**

**Nominations are now closed.**

**Be sure and come to the June meeting to vote for these candidates.**

## **Saratoga Battlefield Walk**

Starting May 26, there will be a 1 KM optional addition to the Wilkinson Trail and More walk. There is a nice loop that goes past where General Frasier died, the British Field Hospital site, the Champlain Canal (fast forward 100 years), and several other informational signs. The path is a little steep, mostly paved in these parts, but not as steep as that part of the walk leading down to the ravine. Linda Morzillo

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**From the ESCV Historian's Desk...**

**Dan Schryver**

**BACK IN TIME ... ESCV NEWSLETTER**

VOL. 3

JANUARY 1989

NO. 1

DID YOU KNOW...?

- \* 1989 marks the 10th Anniversary of the AVA as a member of the International Volkssportverband (IVV).
- \* The AVA was the first English speaking country to become a member of the IVV.
- \* The AVA and the CVF of Canada are the only country members of the IVV that are non-European.
- \* The first United States volksmarch sanctioned by the IVV was held in 1976 in Fredericksburg, TX and had 1000 participants.
- \* In 1979, a group of Texans formed the AVA, then known as the International Peoples Sport - USA. The name was changed to AVA in 1980.

**20<sup>th</sup> ANNIVERSARY HAPPENINGS**

**A letter from Beryl Wolf:**

Dear Dave and Eileen,

Wow! ESCV sure knows how to throw a party! You and all ESCV members can be proud of yourselves for the recent outstanding events celebrating the 20<sup>th</sup> anniversary of the Empire State Capital Volkssporters. It was obvious that a great deal of planning and man/woman power had gone into every detail associated with the banquet at Phelan's in Clifton Park and the walk event in Albany the following morning. Kudos to all who contributed and made it possible. I'm sorry I didn't get to meet Vera Weiss, 20<sup>th</sup> Anniversary Chairperson. She appears to be a bundle of energy!

It was obvious that much thought and attention had gone into every detail -- from the anniversary magnets, pins and shirts, Dan Schryver's club display, the unique table centerpieces, Ed Koch's slide presentation, the music and speeches at the Anniversary Banquet to the duplication of the club's first event in Albany.

I, for one, was completely overwhelmed by seeing so many walking friends, many of whom I hadn't had the opportunity to see since moving from Clifton Park in 1999. It has been heartwarming to see how the growth of the club has expanded in the last few years.

In my mind, ESCV will always be my "home club". This past week presented a wonderful opportunity to walk some of my favorite trails -- in Bennington, VT, Williamstown, MA, Cooperstown, and, of course, Saratoga!

Thanks, kids, for an outstanding weekend. Yes, I said "kids". We're all kids -- volkssporting keeps us all young at heart!

Happy Trails!.....Beryl

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## πππ**AMERICAN REVOLUTION WALKS**πππ

### NEW EVENTS

New Seasonal Walks Added This Month

Chillicothe, Ohio YR1741

**Scotia, NY** YR1804

**\*\*Yes, that's right! Scotia has finally been designated as a Revolution Walk.**

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### News About the River Walk Books

Karen Watson would like to bring to your attention a new change in the rules for the River walk books.

**RULE CHANGE from the AVA Special Program website:** We had many requests to allow a person to count a river more than once because for some people, it was a true hardship to travel to so many different rivers (for example, those in the Midwest), and so we requested a rule change from the NEC. It was approved in May 2006. You may now officially count a river more than once (the books still say you can only count a river once). If you walk 20 different rivers, this distinction will be noted on your certificate

You can find the info under special programs on the AVA site.

#### **Club Shirts**

I have a few shirts left. If anyone would like to buy one please let me know.

|             |                    |         |        |
|-------------|--------------------|---------|--------|
| T-shirts    | White Large        | \$10.00 | 1 left |
|             | Grey Large         |         | 2 left |
|             | Grey Medium        |         | 1 left |
| Polo Shirts | Mens Ash Medium    | \$20.00 | 1 left |
|             | Ladies Maize Small |         | 5 left |
|             | Ladies Blue XXL    | \$24.00 | 2 left |

Sue Godshalk

### **Membership Information Corrections:**

Please make the following change in your membership directory

Deborah D'Arcangelis' email address is: [papillon@nycap.rr.com](mailto:papillon@nycap.rr.com) **NOT:** papillion@nycap.rr.com

"snail mail" address and phone # are correct.

JUNE 2007

**MONTHLY MEETING**

Thursday June 14th, 2007, 6:30 PM

**NOTE:** The June meeting has *tentatively* been set for the SECOND Thursday in the month.  
Look for confirmation via Wednesday walks /hot mail.

Latham Firehouse  
226 Old Loudon Road, Latham  
All are welcome.

**FROM THE EDITORS**

Articles for the July newsletter are due on Saturday June 17<sup>th</sup>, 2007. Please send us any news items that you feel would be interesting to our membership. Your reflections on a past or upcoming volkswalk and/or trips are always welcome.

Sue & Lea

**Club Officers:**

President  
Vice President  
Recording Secretary  
Corresponding Secretary  
Treasurer

Dave Skinner  
Bernie Geren  
Kathy LeRoux  
Pat Lanphear  
Joe Padula

DHS4774@aol.com  
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**Other ESCV Positions:**

Membership  
Newsletter Editors  
  
Purchaser  
Sunshine  
Walk Devel. & Trad. Events  
YRE/SE Walk Coordinator  
Wed. Walk Coord. & Web Master  
Historian & Anniv. Co-Chair  
Anniversary Co-Chairperson  
Publicity  
Carpooling Coordinators

Marie Klucina  
Lea Darling  
Sue Godshalk  
Winnie Balz  
Kathy LeRoux  
Bernie Geren  
John Cairns  
Eileen Skinner  
Jack Hickey  
Vera Weiss  
Chase Pugliese  
Sandy Gordon  
Sue Grey

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**Other Contacts**

Website  
ESCV E-Mail  
American Volkssport Assoc.  
Informal Wed. Morning WALKS  
American Revolution Walks  
Travelwalk (Marion Burns)

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[www.ava.org](http://www.ava.org)  
[EmnEdKoch@aol.com](mailto:EmnEdKoch@aol.com)  
[www.home.earthlink.net/~amrevwalks](http://www.home.earthlink.net/~amrevwalks)  
[Volkssporter@aol.com](mailto:Volkssporter@aol.com)

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**MEMBERSHIP AND EMAIL UPDATES**

If your email has changed, let Marie know. [mklucina@nycap.rr.com](mailto:mklucina@nycap.rr.com)

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