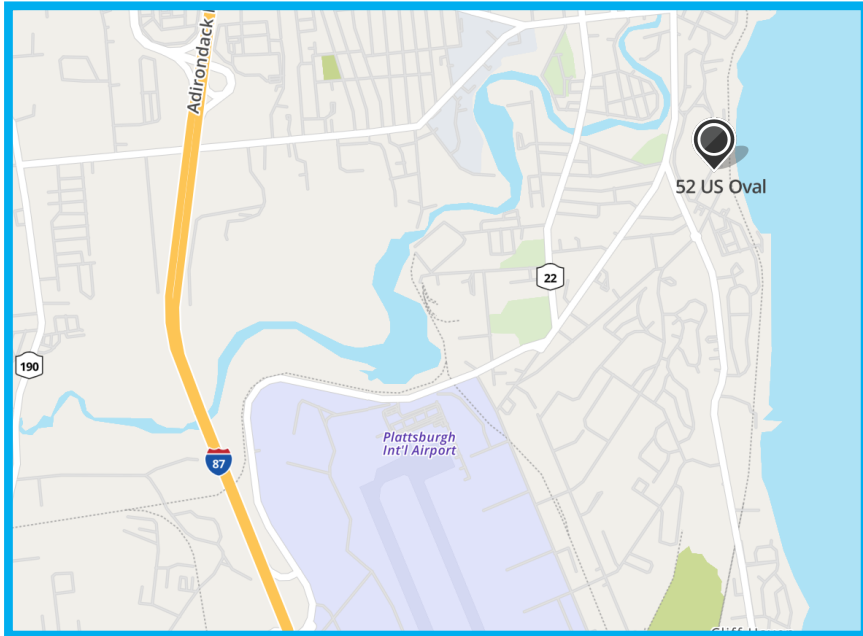


DIRECTIONS: YMCA On the Oval, Plattsburgh, NY, 52 US Oval, Plattsburgh, NY 12009.

From South: Northway I-87 N to Exit 36, Rt 22 to Plattsburgh Intl Airport, Right on Rt 22 to to S Peru St (Rt 9), right on Rt 9 ,Right on Byrne, left on Lucretia Davidson Dr bear right to US Oval. After .3 mi YMCA will be on your left.



EMPIRE STATE CAPITAL VOLKSSPORTERS

Solar Eclipse

Plattsburgh, New York

10K/5K Walk

April 8, 2024



Special Programs

• Par-For-The Course • Town Halls/City Halls •

For more information about our Club or AVA, please send your request,
including your name, address & phone:

Empire State Capital Volkssporters

PO Box 5464, Clifton Park NY 12065-5464 or visit our website: www.walkescv.org

Sanctioned Event #126725

URL/web link: my.ava.org/event-view.php?sn=126725

© 2024 ESCV

AVA Rules and Conditions

Start/Finish: YMCA 52 US Oval, Plattsburgh, NY

Time: **Walk** registration at Start/Finish table between 10:30 and 11:00 AM the morning of the walk. Walk should be completed, and everyone checked back in by 2:00 PM.

Trail Rated: The 10k and 5k routes are rated 1A, on city streets,

Stipulation: This event is open to everyone. With registration for these events, the participants accept the guidelines for AVA Volkssport events and agree to observe the principles of good sportsmanship. Littering is prohibited. Dogs are allowed and must be kept on leash at all times. Children under 12 must be accompanied by an adult and watched carefully.

Procedure: Each participant must register and sign a waiver at the "Start" table. A "Start Card" will be issued and carried for checkpoints along the route! The card must be returned to the Start/Finish table so that we know you have completed your walk, and it now becomes the property of ESCV.

Event Fees: All participants pay \$4 for this walk.

IVV Books: Event & Distance books will be available at the Start/Finish for \$6.00 each. Event and Distance Credit may be earned each time the course is completed. Participants who become new members by joining ESCV today will receive New Walker Kits containing both Event & Distance books and three free event coupons! Annual Membership is \$12 per individual or \$20 per family.

Event Disclaimer: The sponsors are not liable for accidents, thefts, and/or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event. An AVA athletic waiver must be signed by those participating in any event. A parent or guardian must sign for children under 13.

Restrooms/Water: Porta Johns are available at start point and rest rooms are available at points along the trail

More Info: POC: Susan Grey Cell: (518) 281-1345 Email: susanbg2@yahoo.com

Event Conditions: This event will take place regardless of weather conditions except as noted in the sanction. Please check the website before traveling to the event using the URL on the bottom of the front page. Anything extraordinary will be noted there. There will be no refunds for pre-paid credit fees.

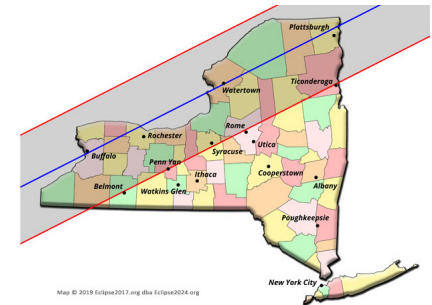
Plattsburgh...city on the lake

Plattsburgh is in the path of the eclipse. The walk begins at the YMCA on the Oval. Once the center of the military barracks of the Plattsburgh Air Force Base which was the location of the strategic air command on the East coast during the Cold War. The base was closed in 1995.

Plattsburgh is located along Lake Champlain, Northeast of the Adirondack park, 40 minutes from the Canadian border and the location of the SUNY College at Plattsburgh.

Plattsburgh was founded by Zephaniah Platt in 1785 to secure American interests in the St. Lawrence Valley and Lake Champlain.

Plattsburgh was the site of several military battles-the Battle of Plattsburgh 1814 marking the northern part of the U.S. and the Battle of Valcour Island during the Revolutionary War.



Painting by Ernie Haas depicting the Congress escaping at the Battle of Valcour Island.

